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FILM CATALOGUE

MONTANA
STATE DEPARTMENT OF HEALTH
AND ENVIRONMENTAL SCIENCES

REVISED SEPTEMBER 1973

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I N T R O D U C T I O N

HOW TO USE THIS CATALOGUE

This catalogue contains listings and descriptions of the health films*, filmstrips, slides, and records available from the film library of the Montana State Department of Health and Environmental Sciences. Supplements are issued as new films are added to the library, or out-of-date films removed. These supplements are sent to persons on the film catalogue mailing list.

The materials are listed in two ways, alphabetically by title, and by subject. The alphabetical section contains a list of titles, for fast reference, followed by a descriptive list of all films. The catalogue is divided into three parts, each printed on a different colored paper as follows:

LIGHT GREEN	16mm films
PINK	35mm filmstrips
BROWN	35mm, 2 x 2 slides & records

Both the alphabetical index, on page v and the subject index, on page xiii refer the user to the page on which a particular film is described.

BORROWING FILMS

The films listed in this catalogue are loaned to citizens of the State of Montana on receipt of written request, as part of the Department's educational program. Requests should be sent to the Health Education Bureau, State Department of Health and Environmental Sciences, Helena, MT 59601. The State Department of Health and Environmental Sciences pays the postage out and the borrower is expected to pay the return postage.

Films are scheduled on a "first-come, first-served" basis. By ordering early, the borrower will have a better chance to secure the first choice of dates. If possible, a second choice of dates and a second choice of films, should be listed on the request. A film should be ordered four weeks before it is needed. Telephone orders cannot be accepted without follow-up letter.

Films are sent out 5 days before they are to be used. This insures receipt of the film to prevent borrowers from being disappointed.

Upon receipt of a written request, the borrower is sent notification as to whether or not the request can be filled.

RETURNING THE FILMS

All films must be returned the day after their use. This enables the next borrower to receive the film on time. For your convenience, a return address is on the other side of the mailing label on the film case.

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*Films, as used throughout this catalogue, refers to all audio-visual material loaned.

The borrower is expected to pay the return postage. Please note that films can be shipped for Special 4th Class Rate. Please REWIND THE FILMS ON THE STATE DEPARTMENT reels. Return them in the containers in which they are sent. Filmstrips with records should be wrapped with a protective cover or paper before returning. Self-addressed labels are enclosed with the filmstrips.

If films are not returned promptly after showing, it may be necessary to discontinue sending them to these borrowers. We must meet tight scheduling demands.

BORROWER'S RESPONSIBILITY

Care should be taken in using the films. THE BORROWER WILL BE EXPECTED TO PAY FOR ANY DAMAGE WHICH OCCURS WHILE THESE ITEMS ARE IN HIS CUSTODY.

RESTRICTED FILMS

Certain films are restricted, either to professional use or for staff use only when they are conducting specific programs. These restricted films are marked and restriction is noted on the description.

The films restricted for specific programs are those for which the borrower must have some special training in order to use effectively, or those for which usage is limited because of an insufficient number of copies.

GUIDE IN HANDLING OF MOVIE FILMS

Remember, films are FRAGILE AND EXPENSIVE. At all times, handle them with care.

If the person using the film is not familiar with the operation of a movie projector, he should get someone to teach him, or get a trained operator to run the projector. If an automatic self-threading projector is being used, careful attention should be paid to the instructions for operating the machine. Whether using an automatic or hand threaded projector, have it under your control at all times. REMEMBER, YOU ARE RESPONSIBLE FOR ALL DAMAGED FILM.

After a film is threaded into the projector, make sure all sprocket holes in the film are aligned with corresponding sprockets on the projector mechanism.

When a film breaks, never mend or repair it unless the correct film repair equipment is available. DO NOT USE cellophane tape (Scotch tape), staples, or paper clips to repair or splice the film. Either have it repaired with proper film splicing materials, available from camera shops and drug stores, or return the film to Helena unspliced.

REMEMBER, IF YOU DAMAGE A FILM, YOU WILL BE EXPECTED TO PAY FOR THE DAMAGE.

NEVER PULL ON THE END OF A FILM TO TIGHTEN IT ON THE REEL.

FILMSTRIPS

Please follow the instructions supplied with your projector! We have been receiving a number of damaged filmstrips and cannot afford to replace nonuseable ones. PLEASE: Handle filmstrips only by the edges of the film. DO NOT pull on the end to tighten the roll (this scratches the film). Make sure that the film is threaded properly. If you have an automatic projector, make sure there is enough slack in the film between the lens area and the take-up mechanism - to prevent tearing the film. Damaged films cost us all money (we are all taxpayers) . . .

USE OF FILMS

Due to the lack of funds and scarcity of productions in some fields, a number of films are time-dated by mannerisms or dress. However, the information conveyed is still applicable in today's world. When these films are shown, it would be in the audience's best interest to clarify this before projection. Preparing an audience for what they are going to see (especially out-dated clothing) and emphasizing the particular point or points to be conveyed, will help in getting the message across. All film showings should be followed by good timely discussions.

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FILM

DESCRIPTIONS

ACCIDENTALLY YOURS — Color -- 20 min.

The purpose of this film is to point out the importance of preventing home accidents. Emphasis is placed on the prevention of accidents by power mowers and the utilization of safety glass in preventing accidents caused by glass breakage.

The protection of babies from accident hazards is also brought out.

Suggested Use: junior high, high school and adult groups

ALCOHOL AND YOU — Color -- 28 min.

Utilizing the images, music, and language relevant to the teenagers of today, the facts are presented uncolored by moralizing or preaching. The facts in a nutshell: one out of fifteen people who drink becomes an alcoholic, and according to alcoholics themselves and scientific and medical experts in this field, most alcoholism begins with teenage drinking. What makes one out of every fifteen drinkers an alcoholic? This film examines that question as well as many of the reasons for which more than eighty million Americans drink.

Suggested Use: junior and senior high, college; also good for adult, especially parent groups

ALCOHOL: OUR #1 DRUG — Color -- 11 min.

After drinking, a boy driving with his girl friend strikes and cripples a bicyclist. It points up the social and personal costs of a felony conviction. Other dramatic sequences illustrate the life-shattering effects often produced by "hidden alcoholics". Documentary portions of the film show physiology of alcohol's effect on the body and indicate the formidable nature and scope of the alcohol problem.

Suggested Use: health classes, guidance classes, driver education; upper elementary, junior and senior high school

ALCOHOLISM — B & W -- 22 min.

This film relates the case history of one alcoholic, including psychotherapy. Blended with the case history are references to two other cases of alcoholics who sought psycho-therapeutic help for the emotional disturbances which led them to alcoholism. For those audiences to whom alcoholism is synonymous with moral inferiority, this film is bound to be helpful. The final plea for increased treatment facilities is timely and important.

Suggested Use: service clubs, marital partners of alcoholics, all adult and high school groups

ALCOHOLISM: DEAL WITH IT — Color -- 16¼ min.

Many people develop such a dependency on alcohol as to become a problem to themselves and to those around them. This film touchingly portrays the lives of four people whose lives have been affected by alcoholism. Viewers are led to examine the behaviors described and to search for ways to deal with the drinking problem.
Suggested Use: teens, adult groups, and those who work with alcoholics

ALCOHOLISM: OUT OF THE SHADOWS — Color -- 30 min.

The film is an edited ABC-TV documentary narrated by Frank Reynolds. It explores many aspects of alcohol and alcoholism, including the effects of alcohol on driving, using a simulated road test; shows educational efforts with school children; describes the Rochester Center program which includes clinic facilities for withdrawal; and finally, it dwells on the personal experiences of three couples in which one or both partners are alcoholics. Primary focus of the film is on the couples who in an informal group situation, talk about some of their feelings and experiences as alcoholics, and their struggle to sobriety. Senator Hughes also describes to Frank Reynolds his own battle with alcoholism. The emergence of alcoholism from the shadows, its beginning acceptance as a public health problem and an acknowledgment of the need for better training of health professionals and others about alcoholism is also discussed in the film.
Suggested Use: staff and community education

ALMOST A MIRACLE — Color -- 26 min.

The film shows the objective of public health nursing services in an Out-of-Hospital Nursing Care Program.

Public health nursing visits are shown in three different family situations. One is in a family where the father of three children has had a stroke; one is in a family where the mother has had an abdominal operation and is able to come home from the hospital early because this nursing care is available in her home; and the third is in a family where only a retired baker and his ailing wife live. The nurse visits to help with medications and "shots".

The film shows the family attitudes and appreciation for this service. It concludes with the "baker" deciding that what the nurse has accomplished by her visits is "Almost a Miracle".
Suggested Use: This film is suitable for both young and old. It is especially useful in communities considering the establishment of an Out-of-Hospital Nursing Service or in communities where such services are already established to show some of the services such a service can give, and its value.

ALMOST EVERYONE DOES Color -- 14 min.

The film emphasizes that all people have good and bad feelings, and focuses on how people learn to cope with these feelings. Scenes from an average middle-class family illustrate what they do to rid themselves of bad feelings: the father unwinds with an evening martini; and the mother relaxes by smoking, chatting with a neighbor, and taking an occasional pill.

The film asks, "When does a drug that changes the way a person feels become harmful or dangerous?"

Alternatives to coping with bad feelings without taking drugs are explored in the context of everyday scenes: outdoor exercise, talking, reading, fishing, and playing.

Suggested Use: intermediate, junior high, teacher training and adult education

AND ON TO THE SEA Color -- 20 min.

By following the course of the Willamette River in Oregon as it flows down from the mountains to the sea, this film shows how municipal sewage polluted the river and affects use of its water for domestic, recreational and industrial purposes. The Oregon State Pollution Authority works with communities, industries and individuals to provide adequate sewage treatment. However, the success of this work depends upon an informed public opinion. The film points out how the individual can help control pollution by becoming informed, planning with others for action and voting affirmatively for bond issues to build sewage treatment facilities.

Suggested Use: communities studying the need for sewage treatment, men and women's clubs, and high school students studying this area of community responsibility

BE SMART - DON'T START Color -- 11 min.

The film is designed to present the true picture of the hazards of cigarette smoking. It attempts to present a lifetime attitude toward smoking which would keep pre-teenagers from starting this hazardous habit. It presents the complete cigarette smoking story; the opposing opinions and claims of the cigarette manufacturers, and those from men of the medical field are both weighed to establish smoking hazard concepts.

Suggested Use: upper elementary and high school

BEFORE WE ARE SIX — Color -- 22 min.

The film is designed to prepare individuals to screen the vision of preschool and school children. It begins with an explanation of eye problems in this age group, and then moves to the actual screening procedure, follow-up and referral.
Suggested Use: professionals and volunteers interested in preschool vision

BEST FOOD IN TOWN — Color -- 12 min.

The film includes scenes of a typical cafe several years ago, showing poor service and poor practice. Further scenes show actual shots of workers in a food establishment, who in everyday routine strive to practice good sanitation and food handling techniques. Germ transfer through black smudges is well portrayed.
Suggested Use: adult education, high school and teacher training classes, food handlers and operators

BETTER BREAKFASTS, U.S.A. — Color -- 11 min.

This is a nutrition film with teenagers the principal actors. The film portrays two basic themes: the importance of an adequate breakfast for teenagers, and breakfast cereal's contribution to the morning meal.
The first theme is developed by showing scenes from scientific research on breakfast followed by visualizations of the findings. The second theme briefly tells breakfast cereal's farm-to-table story. A basic cereal and milk breakfast pattern is visualized. The film ends with a 7th grade class that was seen earlier in the film working on Better Breakfast follow-up activities.
Suggested Use: intermediate grades and junior high school classes

BEYOND CONCEPTION — Color -- 35 min.

The film offers a vivid picture of the population explosion facing the individual and the world. It begins with an effort to establish the kind of environment we have and discusses some of the threats this poses to the quality of our lives. It treats population control, food supply, and living space as inseparable problems. As the discussion proceeds,it zeroes in on the need to bring birth rates in the United States in line with death rates. It includes a clear and specific explanation of the process of reproduction and birth control techniques. Everyone needs to make the connection between personal desires for love and children and the crisis of too many people.
Suggested Use: junior high, senior high, college, and adult audiences

BIOGRAPHY OF THE UNBORN — B & W -- 23 min. — Restricted Program

This film is available for use in the adult Education for Parenthood program. Its purpose is to give the prospective parents a simple and understandable illustration of the development of life inside the mother's womb. Ovulation, fertilization, cell division and lodging of the fetus in the uterine wall is explained. The specialization of the cell's development is shown at about two weeks.

BIOGRAPHY OF THE UNBORN - continued

Suggested Use: adult Education for Parenthood classes

BITTER WIND Color -- 15 min.

Filmed on an Indian reservation, this is the story of a prosperous Indian rancher and the tragic consequences resulting from his excessive use of alcohol. The story traces his progressive drinking pattern and vividly portrays the family suffering caused by his problem.
Suggested Use: Indian audiences or for those who work with Indians

BLASTING CAPS Color -- 15 min.

Two boys find a blasting cap. One thinks it would be a good joke to throw it into a neighbor's barbeque. A construction worker explains the danger of blasting caps to the other boy, who rushes off to stop the first boy just in time. The film explains for children what caps look like, what happens when caps explode and what to do if they find a blasting cap.
Suggested Use: school aged children through junior high school, scouts, hunter trainer groups, and parent groups

BREAST FEEDING - A FAMILY EXPERIENCE Color -- 10 min. Restricted Program

This film begins with the newborn, physician and both parents in the delivery room. The initiation of breast feeding is illustrated. Other procedures shown include rooming-in, and infant care procedures in the home. A series of family situations which involve other children and their acceptance of the newborn are shown. The narration includes other items of child care and a reunion of "former expectant parents","classmates" is shown with these parents and their newborn babies.
Suggested Use: in-service education for nurses and for participants in the Education for Parenthood discussion groups

BRIGHT FUTURE Color -- 28 min.

The film shows the educational requirements, necessary qualifications and future rewards for girls interested in becoming dental hygienists. It also shows some of the types of work a dental hygienist does.
Suggested Use: girls interested in careers in dental hygiene and for showing community groups what a dental hygienist does and her role as a health worker

BY CHANCE OR BY CHOICE Color -- 26 min.

The film points out the factors patients or their family members should consider in making the choice of a nursing home - this is often a difficult decision. "By Chance or by Choice" portrays a realistic approach to the selection of a nursing home for several kinds of patients; specifically an

BY CHANCE OR BY CHOICE - continued

aged parent, a cardiac patient and a young man disabled by an injury. The film emphasizes that selection should be based on a full appraisal of the needs of the individual and the resources and facilities of each institution.
Suggested Use: general audiences interested in the care of the aged and chronically ill and nursing home operators and staff in nursing homes

CARE AT HOME B & W -- 26 min.

The broad range of health services for the chronically ill and aged, which, under various auspices, can be provided in the home, are shown. Patients and their families are interviewed and give reactions to the statement of advantages of such service.
Suggested Use: professional and citizen groups, civic groups, health departments, physicians, nurses, social workers, nutritionists and therapists

CARE OF THE YOUNG RETARDED CHILD Color -- 18 min.

The growth and development of normal children is illustrated in the film, and the slower rate of the development of retarded children is also illustrated. However, it points out the development of the retarded child follows the same pattern as that of normal children, just slower. The importance of medical attention with the correction of any physical defects that may be found, is brought out.

There are scenes showing babies and children being assessed by child psychologists in a hospital clinic, and scenes of the public health nurse at work in a number of family situations, all of which emphasize the importance of good child care and management.

A series of feeding sequences comparing a normal child, a retarded child of the same chronological age, but lower developmental level, and a normal younger child of the same developmental level, clearly illustrates the value of early assessment of the infant in order to insure a proper feeding and training program.
Suggested Use: parent groups, public health nurses, psychologists, and in the professional training programs of professional health and educational groups

CASE OF THE MISSING TOOTH, THE Color -- 10 min.

This is an animated cartoon film and shows a "sidewalk superintendent" watching construction workers repair a bridge in which a stone is missing. With the aid of a "futurescope" he sees how his own appearance is threatened by his missing tooth and he hastens to get an appointment with his dentist.
Suggested Use: upper elementary and older students and adults

CHAIN OF CARE B & W -- 33 min.

This film shows comprehensive coordinated statewide services for mental health sufferers. It shows the professional staffs and actual patients in a full program of prevention, treatment, after-care and rehabilitation. The facilities, professional skills, and the overall human understanding of the staffs of each organization at the four levels of contact are shown. They are: the Mental Health Clinic, which provides immediate help at the first sign of trouble and tries to speed early recovery; the Psychiatric Service, which has twenty-four hour care as a local mental health service, and frequently serves out-patients living nearby; the modern Mental Hospital, which is a fully equipped and staffed resource serving patients both with short and long-term illnesses, and the After-Care Center, which is devoted to helping the patient adjust to his daily problems after treatment. Instruction in skills needed for day to day living is an important part of this program. Each of these institutions is presented in active operation in this unusual and most informative film.

Suggested Use: anyone interested in mental health, educators, psychiatric social workers, psychologists, nurses and nursing students, practicing physicians, public health personnel, parents, and most civic groups

CHALLENGE TO SERVE Color -- 20 min.

The film depicts a day in the life of a public health nurse and shows the activities in which she is engaged. These activities, though not dramatic, are particularly important. It shows how her life is enriched by her career. The film also illustrates how she can share in community life and still plan for her own family and home.

Suggested Use: useful for an interpretation of public health nursing. community councils or committees who are specifically interested in the promotion of nursing services, and for recruiting young college students into public health nursing

CHANGING VIEW OF THE CHANGE OF LIFE, A Color -- 25 min.

The film begins by showing several women complaining about how they feel during the menopause or "change of life". The scene shifts to a meeting attended by the women at which a physician explains what "change of life" means physically. He says menopause is estrogen deficiency disease. Also brought out are the dangers of osteoporosis caused by lack of estrogen. Also explained is the role of estrogen which prevents an increase of cholesterol after the menopausal period.

The women are urged to discuss their conditions with their physician as women differ.

Suggested Use: all women 30 years of age and over and especially for women in the low income group.

CHILD CARE AND DEVELOPMENT B & W -- 18 min.

This film emphasizes the importance of the attitude of both parents and children toward the establishment of good routines of daily living. It also discusses correct eating habits, sleeping, bathing, proper clothing, and outdoor exercise.
Suggested Use: college and adult audiences

CHILD IS BORN, A Color -- 22 min.

The film follows a young couple through the experience of pregnancy of a planned baby. It covers the prenatal exams, diet, exercise, and routine. The film depicts the baby being delivered by a nursewife (Swedish film). It is well done, very warm, and narrated by a woman.
Suggested Use: Education for Parenthood classes

CHILDREN ON THE MOVE B & W -- 23 min.

This film, developed by the "Smart Family Foundation" in cooperation with the Menninger Clinic, tells the story of two families who move from one city to another. The purpose of the film is to alert the public to the distress moving can be, especially to children. It suggests positive ways adults can help ease the emotional shock which often results when a youngster is uprooted and transferred to an unfamiliar environment.

One of the families whose story is told, fails to prepare their daughter for the move, and her confusion and unhappiness are shown. The other family faces the move more positively. They recognize the potential problems and take constructive measures to provide a comparatively easy transition. Their son is able to adjust to his new home with a minimum of difficulty.
Suggested Use: parent organizations, and teachers

CHILDREN'S EMOTIONS Color -- 25 min.

It discusses the major emotions of childhood -- curiosity, fear, jealousy, anger, and joy. The narrator points out their causes and guides the parents in the proper handling of each emotion.
Suggested Use: college and adult audiences

CIRCULATION AND THE HUMAN BODY Color -- 11 min.

The film begins with an explanation of the body cell's need for food and oxygen, their need to dispose of waste products and the need for rest and exercise. It explains how the cells are serviced by the circulation system. Using dramatically designed animations, the film shows how blood returns from the cells to the heart through capillaries and the venous system, how the chambers of the heart pump the blood first through the pulmonary circulation and then back through the arterial system to the capillaries.
Suggested Use: junior and senior high school, college students, and adult groups

COMMON HEART DISORDERS B & W -- 17 min.

The film first reviews the proper functioning of a healthy heart and circulatory system. It then studies common heart disorders, giving the history, symptoms and effects of a typical case of childhood rheumatic fever, the assumed causes of hypertension and the effects of each of the conditions which may be caused by arteriosclerosis (hardening of the arteries).
Suggested Use: high school, college students, and citizen groups interested in heart disease control

COMMUNITY HEALTH IN ACTION Color -- 22 min.

This is the story of no one community, but a composite of several in which real efforts are being made to improve the health of the people. Combining the best features of each, the film shows what people can expect in health services when health departments, voluntary organizations, doctors, nurses, dentists and citizens all work together. This film can help launch needed action in any town.
Suggested Use: community groups and school groups

COMMUNITY HEALTH IS UP TO YOU B & W -- 20 min.

This film illustrates the fact that an interested citizens' group can result in action bringing about the solution of many health problems in a community.

The steps to take in forming health councils are shown. The council is formed and some of its activities are illustrated. The cooperation and working relationships between a health council and the health department are demonstrated. Some of the health council's activities, such as the making of a community health survey and a few of the results of citizen action are shown.
Suggested Use: high school, college citizenship training, and any citizen group interested in community health

COMMUNITY MENTAL HEALTH B & W -- 32 min.

This film dramatized one of the newest trends in the mental health field, the community based Mental Health Center, which offers services far beyond the traditional treatment clinic. The film shows examples of the kind of preventive services a Center might provide, but more important, it shows the process by which a typical community builds a Center. It shows how all the groups in the community, educators, clergy, physicians, health and welfare agencies, protective agencies, industry and labor unions, who are concerned with mental health would be participating.

The services illustrated, treatment, consultation to other community agencies and professional personnel, and education of the public, are shown in a series of dramatic episodes. The traditional concept of the psychiatric team takes on new and exciting meaning as the psychiatrist, psychologist and psychiatric social worker move into the community, each handling various activities needing their special skills.

COMMUNITY MENTAL HEALTH - (continued)

Suggested Use: public health and mental health agencies, mental health and other voluntary health associations, civic groups and organizations, social agencies, physicians, nurses, business and industrial groups who are interested in the important field of mental health

COMMUNITY PROBLEM, A -- SANITARY LANDFILL METHOD OF GARBAGE DISPOSAL
Color -- 15 min.

All widely used methods of garbage disposal are discussed, including open dumps, hog feeding, incineration, mechanical disposal, and sanitary landfill. The advantages of the landfill method are stressed.
Suggested Use: Health Department personnel for training purposes and showing to city councils, boards of supervisors, and community groups for promotion of adoption of sanitary landfill methods

COMPULSIVE CAR THIEF B & W -- 28 min.

This is the story of a young man, only 21 years old at the time of the filmed interviews, who is serving a sentence in a penitentiary. Ever since he was 10 years old, he has been stealing cars. He does so on impulse, makes no criminal use of the cars, and generally returns them. What is even more interesting, is that he has been getting caught after all those thefts, yet punishment seems to make no impression on him.

In other ways, the lad seems perfectly normal; he is attractive and intelligent, with many friends. This apparently psychopathic behavior baffles the boy's parents, his friends and the various police officials who come into contact with him. The conversations between psychiatrist and patient are not intended as examples of therapeutic interviews. The discussions are primarily informational in nature.
Suggested Use: all adults

CRITICAL DECADES, THE B & W -- 31½ min.

The message of this film conveys the fact that the best time to tackle the medical problems of old age is before the patient gets old. The need to develop a healthful pattern of living during the middle years in order to prevent trouble from developing later is brought out.

Examples are given of actual patients showing how a family doctor can educate and motivate patients toward a positive health program. One of the cases is that of a 66-year old woman with severe heart disease, who had lacked medical attention during middle age. The physician says,"Had I been able to do annual physical examinations of the patient, beginning in her early forties, I would have been able to warn her about her problems long before they became acute. And by seeing her regularly, I might have been able to influence her attitude toward medicine in general and preventive medicine in particular."
Suggested Use: interest to health-related organizations, educational institutions, civic and fraternal groups, and the general public

CROSSROADS AT FOUR — Color -- 13 min.

When 10 year old Johnny is struck in the eye by an arrow, it is discovered that he cannot see well out of his undamaged eye. For the first time, and tragically too late, his family learns that Johnny is a victim of Amblyopia (Lazy Eye Blindness), a condition which can be corrected if detected before age 4. It stresses the importance of detecting amblyopia early, while there is still time for correction.
Suggested Use: parents of pre-school children, P.T.A.'s, well-child conferences, and parent education

CURIOUS HABITS OF MAN — Color -- 13 min.

A teenager compares the behavior of adults attending his parents cocktail party and that of some wildlife featured in a television show which he tunes in to during the party. The comparisons, none of which are complimentary to the adults, focuses on eating and drinking habits, manners of obtaining pleasure, modes of expressing pleasure and anger, and on self-images and how they determine behavior.
Suggested Use: intermediate through adult

DAILY GRIND, THE — Color -- 28 min.

This film tells the story of "Harry Jackson", whose tensions and pressures of daily living, contribute to his having an illness from which millions suffer - an ulcer. To him, morning is not the beginning of a wonderful new day, but the start of a battle with petty annoyances that make up what he calls his "daily grind".

Harry consults a doctor about the gnawing pain in his stomach and learns that he has an ulcer. In the diagnostic process, he learns, what ulcers are and how they can be treated. He also learns, to his surprise, that his state of mind and his reaction to life may have been factors in causing his ulcer in the first place . . . that there are no such things as "ulcer jobs", but that there probably are "ulcer people".

"The Daily Grind" is presented in the belief that it is important for people to realize that the way in which one feels about and meets the problems of daily living may have a pronounced effect on his health.
Suggested Use: men, wives of men reacting to stress situations, and any community audience

DANCE LITTLE CHILDREN — Color 25 min.

This film is the story of teenagers and the pressures they are under today, lewd publications, sex magazines, and dances. The V.D. health representative in the Control Program on a case, shows what must be done and how to uncover early cases of syphilis. He stresses that all cases must be located, contacted and treated in order to break the chain of syphilis.
Suggested Use: high school, college, youth groups, faculty and advisors, P. T. A.'s, clergy, civic organizations, and health department staff

DAY LIFE BEGINS, THE B & W -- 23 min.

This film vividly and visually traces the reproductive process from the tiniest amoeba to man himself. It portrays with simplicity and clarity the beauty and understanding of the reproduction process.

The diveristy of nature is underscored with scenes showing how various types of animals reproduce their own kind.

Excellent and unusual nature footage shows actual birth sequence of turtles, sea horses, snakes and puppies. The development of the human baby at three and six months is graphically depicted.

Milton I. Levine, M. D., consulting pediatrician to the New York City Department of Health, explains that for animals, reproduction is instincitive but with humans, it is a reasoned act of love between parents.

Suggested Use: children, as young as five, upper grades, parents, teachers and others working in family life education

DAY SUSIE LOST HER SMILE, THE Color -- 5 min.

The purpose of this film is to teach the importance of toothbrushing. It is the story of a little girl who lost her smile and looks all over for it before she discovers she lost it in the bathroom when she forgot to brush her teeth.

Suggested Use: lower elementary grades

DEFENSIVE DRIVING TACTICS Color -- 12 min.

The film shows a road test from Chicago to Evanston, Illinois, between an "offensive" driver and a "defensive" driver. It shows that the seconds or minutes saved by the "offensive" or "jack rabbit" driver did not offset the accumulated traffic violations. It illustrates the ridiculous exposure to loss of life and property by reckless drivers.

Suggested Use: junior and senior high school, college and adult audiences

DENTAL ASSISTANT - A CAREER OF SERVICE Color -- 12½ min.

In typical modern high school student atmosphere, this film gives a good run down (similar to field trip observation) of the dental assistant at work and shows a variety of training activities at college level. It should have strong appeal to high school girls, sophomore, junior and senior levels for career selection programs.

Suggested Use: guidance counseling in high schools

DENTISTRY THROUGH THE AGES OF MAN Color -- 23 min.

This film stresses the Preventive or Comprehensive Dentistry approaches for the whole family during the entire lifetime of the individual and his family. It acquaints the viewer with key concepts of modern dentistry and stimulates a desire to take advantage of its benefits. After a brief introduction contrasting the world of modern dentistry with that of prehistoric man, the film demonstrates the need for dental care throughout life, beginning with infants and progressing through childhood, youth, adulthood, and corrective measures, including periodontia, oral surgery and prosthetics.

Suggested Use: high school, junior and senior, and adult citizen groups

DIABETES DETECTION B & W -- 9 min.

This is a short, to-the-point film on the symptoms of diabetes. It has a punch in that it points a finger at "you" and makes you take stock of yourself, alerting you to watch for any suspicious symptoms.
Suggested Use: high school, college or any adult group

DIABETICS UNKNOWN B & W -- 29 min.

The film points up the problems of diabetes detection. People on a street are questioned as to their knowledge of diabetes, followed by a talk by a physician on symptoms and treatment of the disease. Typical diabetes patients are shown who discuss how their illness was discovered and how it has affected their lives. A 6½ minute panel discussion concludes the film.
Suggested Use: any citizen group, high school and college students, nursing home operators, and ancillary personnel

DIAGNOSIS AND MANAGEMENT OF CYSTIC FIBROSIS Color -- 26 min. Restricted for Professional Use

This film teaches the variation in the clinical manifestations of Cystic Fibrosis and offers a guide to diagnostic tests and explains the rationale of current therapy.
Suggested Use: physicians, nursing and physical therapy education

DIAGNOSIS OF SYPHILIS Color -- 20 min. Restricted for Professional Use

This film shows techniques of diagnosing syphilis. It gives details of physical examination in suspected cases of syphilis. The stages of primary, secondary, congential and early and late latent syphilis are illustrated. Techniques of doing dark field examination, Wasserman test and spinal tap are shown. It also stresses the role of the private physician in the diagnosis and contact tracing of syphilis.
Suggested Use: physicians and nurses

DOCTOR CARTER TAKES A DRIVE Color -- 20 min.

The film gives information on tooth structure, effects of tooth loss, regular dental care and hygiene, effects of sweets and neglect on tooth itself, gums and tissue; causes of gum disease and effects of disease on bone tissue of jaw; also, the importance of the early discovery of suspicious growths in the mouth. It presents dental health as the responsibility of the individual, the family and the community, and brings out the need for support of dental health programs and the fluoridation of community water supplies.
Suggested Use: adult groups, teachers, teacher-in-training, nurses-in-training and high school students

DON'T TOUCH Color -- 7½ min.

This film provides a basic lesson of blasting cap safety . . . don't touch! These small metal caps have definite use in construction, mining, prospecting,etc., when detonated by experts. It emphasizes that if a

person should find anything looking like a blasting cap, he should promptly report it to the nearest police or sheriff, fire department, or military unit.
Suggested Use: elementary and junior high school

DRUG ABUSE: A CALL TO ACTION — Color -- 27 min.

The film shows how one community takes constructive voluntary action to meet the problems of drug abuse. It stresses the fact that although the groups can operate independently in the community, their usefulness is increased by the pulling together of their efforts by a single voluntary source.

It is an informative story where frank attitudes are exchanged in a parent-youth discussion, a physician probes into the attitudes of actual drug users, a group therapy session is viewed at the hospital, members of a voluntary action group talk to teenagers -- all done with honesty and bluntness.
Suggested Use: junior and senior high school, college students, teachers, P.T.A., civic groups, medical groups, and community groups seeking both information and a suggested course of action to alleviate a community drug problem

DRUG ABUSE: EVERYBODY'S HANGUP — Color -- 14 min.

The film depicts drug abuse as a problem of people. People of many types with a variety of reasons make today's drug abuser. The abuser can be one who takes drugs to stay awake, to escape from reality, or merely searching for identity. The range of reasons is endless. The film emphasizes the need of parents and children to start an honest dialogue in solving the problem. This is not a film on straight drug information, but covers all the areas we would hope will initiate discussion on the why's and wherefore's of the drug scene today. The narration is the only voice heard.
Suggested Use: senior high, college, and adult audiences

DRUGS AND THE NERVOUS SYSTEM — Color -- 18 min.

How drugs affect many different parts of the body by working indirectly on the nervous system is explained. Aspirin is used to illustrate how a common drug acts to reduce pain and fever in this complicated way. It is also used as a warning that drugs used without a doctor's instructions can be a poison.

The major portion of the film then explains the serious disruption of the nervous system caused by narcotics and substances taken for "kicks". Substances covered are airplane glue, stimulants (amphetamines), depressants, (barbiturates, opiates), marijuana and LSD.

The film is designed to reach children at any age before many of them, it is hoped, have begun to experiment with drugs.
Suggested Use: parents, teachers and others who work with children

DRUGS - USE OR ABUSE — Color -- 10 min.

This film has been designed to provide the elementary student with basic information about drugs. Informed of the powerful nature of drugs, of the

skill and care which is exercised with their use in medicine, and alerted to the danger of accepting drugs from persons who know nothing about them, the viewing student is guided toward a mature decision regarding the growing problem of drug abuse.
Suggested Use: elementary school and some junior high school

EACH CHILD LOVED — Color -- 37 min.

Safe, legal abortion is dramatically contrasted with illegal abortion in this pioneering educational film. It is mainly the story of Carol, a young mother who is pregnant at a time when neither she nor her husband, Wally, are ready for a second child. She decides on abortion, and her experience is documented from the time she and Wally are counseled by a clergyman, through the operation itself and post-abortion counseling.

In group counseling scenes, young women raise questions which will be the starting point for discussion of related issues, including the need for a more humane view of male-female relationships, and the need of young people for sex education and counseling.
Suggested Use: women's clubs, civic clubs, social action and civil rights organizations, political clubs, nurses, doctors, health workers, family counselors, college students, and high school students

EARS AND HEARING, THE — B & W -- 12 min.

The film describes the physiology of the human ear by means of graphic animated drawings and close-up photography of the ear while functioning. It portrays accurately how the parts of the ear operate and record some of the important sounds in our environment. It also explains three common causes of impaired hearing and demonstrates how a hearing aid is used.
Suggested Use: high school, college and any lay adult group

EARS: THEIR STRUCTURE AND CARE — Color -- 11 min.

The film describes, in detail, the role of each part of the ear in the hearing process, the proper care of the ears and some of the common ailments.
Suggested Use: adult audiences interested in hearing conservation programs, and also upper grades, high school and college students

EMOTIONAL MATURITY — B & W -- 20 min.

The film dramatizes a high school boy's immature behavior and the trouble he gets into as a result of it. It points up the lack of understanding on the part of his parents in dealing with him and the importance of the recognition by adults of the increased emotional tempo of adolescence, so that they can help guide young people to emotional maturity.
Suggested Use: parents, teachers and community groups

EPIDEMIOLOGY OF PESTICIDE POISONING — Color -- 16 min.

It discusses the meaning of epidemiology as related to pesticide poisonings. The various factors contributing to the occurrence of pesticide poisoning are described step by step and further dramatized by the portrayal of two actual cases of poisoning by pesticides.

Suggested Use: especially suited for specialized groups versed in environmental sanitation; too technical for use with lay public

ESCAPE FROM ADDICTION — Color -- 27½ min.

This film is an illustrated lecture given by R. Gordon Bell, M. D., who founded the Donwood Institute in Toronto. As he talks, Dr. Bell refers to charts and diagrams, the more complex of which are reproduced in a guide available with the film. Dr. Bell begins with the complexities which determine why what may be a poison for one man, is merely a drug with minimal effects for another. He lectures on the factors which have contributed to the upsurge in use of chemicals of dependence. He then focuses on ethyl alcohol as a topic for further illustrations of use patterns. Dr. Bell concludes with some thoughts and suggestions about treatment.

Suggested Use: senior high school and general adult

ESPECIALLY FOR FATHERS — Color -- 25 min. — Restricted: Education for Parenthood

This is a film emphasizing the role of the husband in giving support and comfort to his wife in the first stage of labor. The film begins by showing the preparation of the other children in the family for the mother's departure for the hospital

The importance of the husband's knowing the prescribed exercises and assisting his wife carry them out is emphasized. He finds many things to do to keep her interested and as comfortable as possible. He is asked to keep written records of the length of the contractions and their spacing, and based on the directions given by the physician knows when to call the physician.

The preparation of the wife on arrival at the hospital is explained. At the time of delivery, her husband goes to the "father's waiting room" and actual birth of the baby is shown on this film. The husband and wife are then given a few minutes alone with their new baby right after the baby is born.

Suggested Use: Education for Parenthood classes

EXAMINING THE WELL CHILD — Color -- 30 min. — Restricted for Professional Use

The film points out to physicians, interested in the health of the child, the need for adequate and complete physical examinations to be done in the physician's office. The importance of the physician's educating the parent is stressed. The film illustrates the items which should be included in the physical examination and calls attention to the inclusion of emotional and behavioral signs of deviation which should not be overlooked. The film also emphasizes that the examination should not be done hurriedly and that the appointment should be made well in advance in order that the physician will

EXAMINING THE WELL CHILD - (continued)

have time to adequately assess the health of the child.
Suggested Use: for physician and public health nursing groups and for those groups to use in teaching parents the values of good medical supervision of the well child

FACE OF YOUTH, THE B & W -- 28 min.

Two boys' emotional problems are worked out by cooperation of parents, teachers, nurse and child guidance center.
Suggested Use: parents, teachers, public health workers, social workers, and others interested in helping children

FACTS ABOUT FIGURES Color -- 13½ min.

The problem of weight gain by adults as they grow older is the theme of the film. The film points out that careful adjustment of food intake and physical activity can remove excess weight the way it was put on -- slowly.
Suggested Use: college age and adult citizen groups, both men and women

FAMILIES Color -- 9½ min.

"Families" is designed for viewing by children. Done in animation, its main theme has to do with the interdependence of all human beings everywhere. Subtly, it leads to the acceptance of the concept that Margaret Mead has called, "the family of man." The film also deals with such ideas as: individual families are essential to children; parents have helpers in raising children; some of the education and care-taking jobs are delegated to non-relatives; each child needs to have his own identity.
Suggested Use: children in the early primary grades

FAMILIES OFF GUARD Color -- 12 min.

This is a film on "family safety" and deals with accidents in and around the home. Documented cases of fatal accidents are re-enacted, with the showing of events that lead up to the accidents. Also covered are some of the major causes of accidental deaths from other causes.
Suggested Use: upper elementary through adults

FAMILY FIRE SAFETY Color -- 15 min.

This film is on the flammability of fabrics. It illustrates how easily certain fabrics catch fire and burn and these fabrics are hazardous in clothing, drapes and carpets. The film demonstrates that wool is less flammable than other materials.
Suggested Use: older youth groups and adults

FERTILIZATION AND BIRTH Color -- 8 min.

This film augments the film, "Human and Animal Beginnings". It

FERTILIZATION AND BIRTH - (continued)

presents in a more realistic and frank manner details concerning the subjects of fertilization and birth than does the basic film. However, it can be used separately without "Human and Animal Beginnings" being used first.

Using animation, the film shows how eggs are fertilized in the fish, dog, and human; the growth of the embryo and fetus into newborns. Shown is the birth of chickens, puppies, and calves, and it contains diagrams of the birth of humans.

Suggested Use: elementary children and junior and senior high school groups who have not had previous instruction, parents, teachers, and others who work with children

FIRE IN MY KITCHEN — Color -- 13 min.

The film gives some common examples of kitchen fires, most of them centering around grease and garbage can fires. It tells how to try and extinguish these fires and when to call in the fire department.

Suggested Use: school (upper level home economics classes) and community groups

5,000 DUMPS — Color -- 25 min.

Project Mission 5000 encourages the elimination of open burning dumps and the initiation of sanitary landfills. The operation of Mission 5000 is explained and the national campaign is discussed. Techniques for closing open dumps, converting open dumps to sanitary landfills, and sanitary landfill operation are given. All-out citizen support is solicited.

Suggested Use: city-county officials, supervisors, commissioners, civic groups, school groups, and the general public

FOR THOSE WHO DRINK — B & W -- 29 min.

A recognized Canadian authority on drinking and alcohol problems, R. Gordon Bell, M. D., presents a lecture designed to provide information on the potential problems associated with drinking which can lead to dangerous drinking habits. He uses many effective blackboard diagrams and other variations which maintain interest throughout the film. He discusses:

--the ways to recognize dangerous drinking patterns before serious physical, psychological and social problems develop
--how excessive drinking leads to changes in the brain, nervous system, liver and other parts of the body
--how the psychological factors of tension and loneliness can lead to excessive drinking
--the personality changes caused by heavy drinking
--how the drinker's personal income and social drinking customs of a community can lead him to drink more than is safe
--how the drinker's family, his job and his community activities are affected by too much drinking
--He also makes some suggestions for the solution to the alcohol problem.

Suggested Use: colleges, churches, penal and correction institutions, police departments, hospitals, alcoholism clinics and information centers and health departments, and any citizen group

FREEDOM FROM PREGNANCY Color -- 11 min.

The film investigates the choices a pregnant woman faces when she is not ready to become a mother, or when she and her mate have more children than they can afford. She must decide to remain pregnant and keep her baby; complete her pregnancy and give her baby to adoption; or have a legal, safe abortion. Each of these decisions are reviewed. The film points out that the final decision can now be made by the woman herself, according to her own situation and beliefs.

Suggested Use: high school, adults - more specifically focused toward females

FROM BOY TO MAN Color -- 16 min.

The film explains some of the common physiological manifestations of a boy's maturation. It presents the changes of adolescence in the order of their simplicity, i.e., moving from the superficial changes of growth, skin, voice and body hair to the more complicated phenomena of glandular changes and sexual maturation. Throughout the film, normality is portrayed. Individual differences in rate of growth are stressed as normal.

Suggested Use: boys just entering adolescence, older boys and girls who have not had the opportunity to get this information, parents, teachers, scout and church leaders, or any other adult who works with adolescent boys

FROM GIRL TO WOMAN Color -- 16 min.

This is a companion film to "Boy to Man". It is an important film for girls, dealing with human growth and development during the turbulent change from girlhood to womanhood. The male reproductive system,as well as that of the female, is described. The film is a scientific and authoritative treatment of this subject and was produced under medical and psychiatric supervision.

Suggested Use: girls just entering adolescence, older girls and boys who have not had the opportunity to get this information, parents, teachers, scout and church leaders, or any other adult who works with adolescents

FROM HASHSLINGING TO FOOD HANDLING Color -- 24 min.

This film illustrates the correct restaurant sanitation methods. Because basic procedures for proper food handling and dishwashing are well illustrated, it is useful to homemakers and should be of special help to those concerned with school lunch programs.

Suggested Use: homemakers, school lunch room personnel, high school classes in health education, biology, and home economics, excellent for training for food handlers, and will assist restaurant patrons in selecting places to eat

GETTING THROUGH B & W -- 20 min.

In this film, Burt Lancaster presents some of the troublesome questions about cigarette smoking. For example, why do young people smoke, knowing that it may cause physical disability or early death? And, who is responsible for seeing that young people don't pick up the habit? The film dramatizes the "smoky" world in which teenagers live. It explores cigarette smoking as a complex paradox in our society and concludes that the final decision about teenage smoking is not up to their parents, their teachers, the government, medical science, or the advertising business. It is ultimately a personal decision which each teenager must make after carefully weighing the facts.
Suggested Use: high school students, and those who work with them

GIANT STEPS B & W -- 15 min.

This film is one of the Raymond Burr series. It investigates a family's attitudes toward accidents. It shows how an active young boy comes close to many dangerous situations and has close calls. It brings out the importance of the many important decisions a young boy has to make as to which of the things he wants to do.
Suggested Use: youth and adult groups primarily, but also for some elementary grades

GLAUCOMA - WHAT THE GENERAL PRACTITIONER SHOULD KNOW Color -- 22 min. Restriced for Professional Use

This film explains the mechanism of glaucoma, the early signs and symptoms, together with a discussion of methods of treatment of the disease.
Suggested Use: physicians in general practice, nursing groups, and lay groups if a physician is present

GONE FOR GOOD Color -- 10 min.

This film explains sanitary landfill operations and discusses the equipment required for a typical landfill operation.
Suggested Use: sanitarians, county commissioners, city councils, and anyone interested in solid waste disposal

GREEN BOX, THE Color -- 25 min.

The demonstration grant project of Chilton County, Alabama, is reviewed. An effective rural-district system for a sanitary landfill disposal area is discussed as a practical, economical method to dispose solid waste. Problems and satisfactory solutions are given by citizens of Chilton County in this widely accepted film.
Suggested Use: city-county officials, supervisors, commissioners, civic groups, school groups, and the general public

GUARD YOUR HEART B & W -- 27 min.

The film is the story of Sam Taylor, a middle-aged hard-working executive who finds out the hard way the dangers of mistreating his heart. With the

GUARD YOUR HEART - (continued)

help of his doctor, he discovers how the heart works and the changes caused by certain major heart diseases. Thus he learns how to "guard his heart" and still carry on normal activities.
Suggested Use: general adult audiences, civic clubs, fraternal organizations and health organizations

HANDLE WITH CARE B & W -- 27 min.

This film shows there is hope for many of the mentally retarded, if they are "handled with care". It stresses the importance of team work and illustrates the roles of team members: pediatricians, speech therapists, psychologists, social workers, physical and occupational therapists and nurses.

The need for parental understanding is emphasized and it shows some of the educational techniques used in special education classes that are helpful. The importance of training is emphasized, periodic testing and the need for employment are brought out.
Suggested Use: high school and college students, professional workers and citizens interested in mental retardation

HANDS OF ACTION Color -- 42 min.

"Hands of Action" is designed for use by an instructor in a training program for emergency vehicle operators. The film depicts a physician instructing ambulance attendants in emergency medical care. Using laymen's language and graphic examples, he explains the recommended procedure of handling: (1) blocked airways, (2) bleeding, (3) open wounds and (4) broken bones. He briefly describes the nature of the respiratory and circulatory systems, the danger of infections from open wounds, and the types of bones which attendants might encounter.

Narration and demonstrations with real and simulated injuries are both used to illustrate correct procedures for emergency care which will enable the attendants to transport the patient without further injury.
Suggested Use: training program for emergency vehicle operators

HAPPY FAMILY PLANNING Color -- 8 min.

"Happy Family Planning" is a witty, speechless, animated cartoon that would be excellent for the hospital maternity ward. In animation between father and mother and doctor, it answers the five main questions people ask about family planning. Will it really prevent pregnancy? Will it injure me? Can we have babies later? Will our child of the future be normal? Will it spoil our sex life?
Suggested Use: adult groups or groups interested in family planning

HAVE A HEALTHY BABY — Color -- 19 min.

To show "love, impregnation, development, delivery, the wonder of life" is the purpose of this film. The film uses extraordinary animation details of the development of the embryo and some of its major organs. Warnings are posted as to how damage may occur.

The first examination of the mother by a physician is shown and there is considerable discussion of the need for good nutrition. It emphasizes the need to do "all you can to have a healthy baby" and serves as a guide for eventual parents.

Suggested Use: junior, senior high school classes in family life or sex education, and adult education for parenthood groups, and groups interested in family planning

HEALTH CAREERS — B & W -- 13½ min.

The film shows actual health workers doing their jobs. Both picture and narrative keep a balanced emphasis on physical and mental health; on working with the sick and the well; and shows the wide range of educational requirements from occupations that take little or no special training to those requiring years of graduate study.

Suggested Use: high school and early years of college, professional health workers, teachers, and guidance counselors

HEAR BETTER: HEALTHY EARS — Color -- 12 min.

An understanding of how students hear is important to what they hear. The film stresses the pleasures that come through hearing well. In clear animated sequences, the structure of the ear is detailed and the actual process of receiving air vibrations and transmitting them into "sounds" is shown. General information on how to take care of the ears is presented.

Suggested Use: primary and elementary grades

HEARING AND NOISE — Color -- 16 min.

The film makes the student aware of the perils of prolonged exposure to commonly encountered high noise levels as well as presenting a detailed physiological examination of the ear and hearing mechanism. Using a young rock musician as the subject, the film shows his refusal to accept the fact of hearing loss, the frustrations arising from it, and the hazards which can be encountered as a result. It relates to the student that loss of hearing can pass almost undetected in a physical sense, but result in reduced attention, frustration, and lower quality of work.

Suggested Use: junior and senior high and hearing conservation programs

HEARING: THE FORGOTTEN SENSE — Color -- 17½ min.

The purpose of this film is to reinforce the importance of hearing and to explain the hearing process and to develop among people a concern for the protection of their own hearing.

HEARING: THE FORGOTTEN SENSE - (continued)

The importance of hearing in a communicating sense, the anatomical function of the ear are both explained. Attention is given to the ways in which hearing can be damaged: disease, pressure, sharp objects, concussion and prolonged exposure to noise. The prevention of such damage is explained and an opportunity for the audience to participate in a non-technical relative hearing acuity test is provided.
Suggested Use: upper grade, high school, college students and adults, and Hearing Conservation Program

HELPING HANDS FOR JULIE B & W -- 30 min.

The story of "Julie" revolves around her fight for life when she is brought into the hospital emergency room -- diagnosis unknown. Her family doctor, a surgeon and a resident physician mobilize the entire medical team and it swings into swift, disciplined and decisive action. The "helping hands" are: nurses, medical technologists, x-ray technicians, and the medical record librarian. The pharmacist and the dietitian roles are also portrayed.
Suggested Use: high school, church, community groups, PTA, career clubs, nurses, and others who might be interested in the health professions

HEREDITY AND PRENATAL DEVELOPMENT B & W -- 21 min.

A description of the growth, subdivision, and union of male and female sex cells, of the fertilization of the ovum by the sperm cell, and the prenatal development of an offspring are all shown. The development of the basic physiological actions in a new-born and the connection between physical and emotional sensitivity in very young children are considered.
Suggested Use: college and adult audiences

HIDDEN HAZARDS B & W -- 28½ min.

This film tells the story of occupational health starting on a dramatic note -- the near fatal poisoning of a metal shop worker. It shows how man has progressed from the early trades, with their obvious dangers, to today's complex operations, in which the hazards may be less evident.

The film shows what is being done to protect employed men and women from those health hazards which arise in the course of their work. It traces the change in attitudes and practices over the years. It shows that certain kinds of work are more hazardous than others. Sometimes the danger comes from the conditions under which men work, and sometimes from the materials they use.

Man's triumphs and the challenge he faces today, in understanding and protecting himself against the unwelcome by-products of his own technology are an exciting chapter in the history of civilization and told with dramatic intensity in this film.
Suggested Use: those who live and work in our modern society, and those concerned with the protection of worker health and to students planning a health career

HOLD BACK THE NIGHT Color -- 15 min.

This film is on Glaucoma. The film explains and shows, by diagram, what glaucoma is,and the statistics of its incidence are given. The importance of examination is included and some of the means of treatment are explained.

The early signs of the disease are described and the importance of the prevention of further loss of vision is emphasized.

Suggested Use: all lay groups beginning with high school through adults

HOPE AND THE PROMISE, THE Color -- 25 min.

The film demonstrates the effectiveness of rehabilitation counseling in rehabilitating the handicapped who, because of a condition, illness, or accident, must be trained or retrained in meaningful employment or other work.

Three cases are presented: (1) a young man who developed arthritis and became disabled -- and almost helpless -- through the work of the counselor, accepts his condition, agrees to medical treatment, learns to walk again and is retrained in work which he can do well and is very interested. Work is also done with the family to help them understand the man's feelings and capabilities. (2) A young lady,an accomplished performer as a pianist, suffers burns on her hand and developes an emotional problem. The Rehabilitation Counselor helps her to understand the need for mental treatment to help her return to her work as a mother and wife. She was also able to be trained as a teacher and piano teacher. (3) A mentally retarded teenager has emotional problems and spends all his time working on a car. The counselor helped him enter a sheltered workshop and later finds his place as a welder. Well demonstrated is the work the counselor did in helping the family to accept the boy and his work and the counseling he did with the employers to help them understand the value of a mentally retarded employee.

The film is excellent in showing that the mentally retarded can do a number of kinds of work and do them well.

Suggested Use: anyone interested in rehabilitation, especially rehabilitation counseling

HOME HEALTH AIDE Color -- 23 min.

The film explains the personal care services provided by home health aides to the sick and disabled at home. It shows her as a member of the health team under the direct supervision of a registered nurse. It stresses the need for in-service training, types of assignments that can be made to the home health aide and their supervision.

Suggested Use: home health agencies, orientation for staff in home health agencies, schools of nursing, home health agency advisory committees, and welfare department staff

HOPE IN THE HOME B & W -- 13½ min.

This film depicts a home care service for the chronically ill. The action shows the medical and physical evaluation of patients and the development of the rehabilitative program for each. The care of the patient is under the supervision and guidance of the family physician, and the patients are treated in their homes by a public health nurse and a physical

HOPE IN THE HOME - (continued)

therapist. Useful therapeutic procedures are demonstrated and simple self-help devices and their adaptation in the home are shown.

The teachings in the film are applicable to care in the home and in nursing homes.

Suggested Use: professional health personnel and citizens interested in home health care.

HORIZONS UNLIMITED Color -- 22 min.

This film shows vividly how the many trained people in the health field work as a team, with the physician and as an extension of the physician, to bring about the best possible result for the individual patient. It runs the gamut, of these needs, showing the work of such para medical people as certified laboratory assistant, the medical technologist, the nurse, dietician, medical records technician, inhalation therapist, radiological technologist, physical therapist, occupational therapist, and prosthetist, to name some of the 200 career jobs whose services are needed in addition to that of the physician, to provide adequate medical care.

Suggested Use: young people who have not chosen a career and may be interested in one of the many careers in the health field

HOW SAFE AM I? B & W -- 22 min.

In this film, R. Gordon Bell, M.D., an authority on alcoholism, conducts a discussion on "drinking" with teenagers in one of their homes. This film is based on the many open discussions Dr. Bell has held with groups of young adults in their late teens and early twenties concerning drinking.

He discovered that there were certain questions about the use of alcohol to which young people wanted clear, unbiased and honest answers. In this film, he answers these in language the youthful drinker, his family and employer can understand. There is no moralizing, preaching or evasion.

The film not only provides the young adult with some important education on the use of alcohol, but it is also an educational tool that can stimulate follow-up group discussion.

Suggested Use: teenager, young adults, and adults

HOW THE EAR FUNCTIONS B & W -- 10 min.

The anatomical physiological aspects of the ear are shown. Schematic drawings and cutaways are used to explain the mechanical and neurological phenomena that takes place during the act of hearing.

Suggested Use: 5th grade on up, volunteer workers to better acquaint them with ear and its functions, and parents whose children have any type of hearing loss

HUMAN AND ANIMAL BEGINNINGS Color -- 13 min.

This is a classroom film for the first and second grades. It introduces basic concepts of the family and the elementary facts of human reproduction and birth. Fish, birds, rabbits and other animals are used to illustrate and enliven the script; but the human baby is paramount. Both animation and live action are utilized.
Suggested Use: first and second grade

HUMAN GROWTH Color -- 20 min.

This is an educational film which is conducive to discussion of the facts of human sex without embarrassment or tension. The film achieves three cardinal objectives: (a) demonstrates for parents how sex education can be handled smoothly, intelligently, and in a socially acceptable manner in schools; (b) provides the classroom teacher with a suitable instructional aid for presenting the biological facts of sex as a part of human growth and development, and (c) establishes, through identification, an exemplary teacher-pupil relationship which is conducive to easy classroom discussion. The full value of the film can be obtained only if it is used by the regular classroom teacher. Showing of the film in school by a special lecturer or visiting instructor, tends to place the subject in an unusual or special category and is a practice to be avoided.
Suggested Use: grades 6 to 9 in school classes in science, health, homemaking and related courses, college courses in teacher training, educational and genetic psychology, family life education,and mental and social hygiene; teachers, public health nurses, and parent groups

HUMAN REPRODUCTION Color -- 30 min.

This is a factual film on the human reproductive system and on the process of normal human birth. Models and animated drawings are used throughout the film to describe the anatomy and physiology of the individual reproductive organs of both men and women. The growth, eruption and disposition of the unfertilized female egg is shown and the process of menstruation is carefully illustrated and explained. The film then takes up the functions of the male organs in the reproduction process. The body mechanics of the delivery process are explained and illustrated by means of animated drawings. Throughout the film, the biological normalcy of reproduction is stressed and in its conclusion, emphasized the importance of clear, objective familiarity with these facts as important to the success of marriage and parenthood. High school and college classes should have been properly prepared to see this film earlier.
Suggested Use: high school, college and adult groups

IDENTIFICATION OF EARLY SYPHILIS Color -- 30 min.

This film is a simulated medical school lecture on the subject of the identification of early syphilis. It stresses the importance of suspecting syphilis in office patients, discussing the necessity of being able to recognize the signs of early syphilis, and the need for prompt and effective epidemiology. It includes clinical slides.
Suggested Use: medical students and physicians

IF DISASTER STRIKES Color -- 13½ min.

This is a film intended to interest persons in taking the Medical Self-Help Course. It illustrates the content of the Course, and the materials provided are shown. It shows how an organization can sponsor a Medical Self-Help Training Course.
Suggested Use: any group which in interested in promoting the Medical Self-Help Course

I'M SEVENTEEN, PREGNANT, AND I DON'T KNOW WHAT TO DO
Color -- 30 min.

The film follows a 17 year old through gestation of her child. It shows her with a group of other pregnant girls (unwed) discussing options open to them as each approaches the birth of her child. It also discusses the option of abortion. The film presents the benefits and disadvantages of keeping and giving up the child for adoption.
Suggested Use: high school and unwed pregnant girls

IN THE BAG Color -- 19 min.

Refuse bags now provide a convenient, economical, and efficient means for solid waste disposal. This film describes the refuse sack system of collecting solid wastes as a better means of service which will greatly reduce operational problems. Problems such as odor, spillage, and weight are nearly eliminated.
Suggested Use: city-county officials, supervisors, commissioners, civic groups, general public, and school groups

INNOCENT PARTY Color -- 24 min.

The story shows how one young man, in a moment of indiscretion, contracts venereal disease from a pick-up, and what happens to him and his "steady" girl. The film tells how he comes to learn the significance of his actions and to realize his responsibilities to himself and to those he loves. This is a simple, sincere document of the nature, recognition, care and control of syphilis.
Suggested Use: high school, college, youth groups, faculty and advisors, P.T.A.'s, clergy, civic organizations, and health department staff

I.Q.: QUESTIONABLE CRITERION Color -- 13 min.

A simple intelligence test score cannot be the sole basis of classifying a child as mentally retarded. This is because there are many reasons why a child has a learning problem.

A comprehensive diagnostic evaluation is needed and this film shows the procedures and specialists involved in making such an evaluation. Such an in-depth evaluation can discover the basic cause of the child's learning problems, and if these are remedial, help determine the appropriate remediation. If given early in the child's life, it makes it possible to provide appropriate remediation early and thus prevent serious social and personal problems later in life.

The in-depth evaluation of the child includes: a psychological examination, audiometric examination, vision examination, clinical neurological examination, electroencephalogram, evaluation of neurological examination, projective testing, psychiatric evaluation and case conference.

Suggested Use: school personnel, medical specialists, parents and others concerned about children who have learning disabilities.

INTERRUPTED MORNING B & W -- 15 min.

This film tells the story of unnecessary automobile accident injuries brought about because seat belts are not used. The story is told from the viewpoint of a physician and brings into play the findings of California's Institute of Transportation and Traffic.

Suggested Use: any group driving automobiles

INTRODUCING THE MENTALLY RETARDED B & W -- 18 min.

This is a splendid film to provide an introduction to mental retardation. It delineates the various degrees of retardation and what can be expected of the individuals with varying abilities. The film depicts the activities of persons with various levels of retardation and illustrates some of the things they are able to do depending upon their level of retardation. This film ends with a most hopeful feeling as it brings out the vocational opportunities which many of the retarded can fill.

Suggested Use: high school and college groups, professional and citizen groups, as well as parents of the mentally retarded

INTRODUCTION TO PUBLIC HEALTH NURSING: A WORLD OF CONTRAST - A TIME OF HOPE Color -- 30 min.

The film depicts actual working situations of public health nurses and describes the gamut of kinds of services performed and types of persons for whom they have responsibility for service; i.e., the young couple, economically stressed, with a new baby and a pre-school child with a heart problem; a retired couple in which the husband has suffered a stroke; nurse in the school health program; in a clinic situation with a young pregnant woman; conducting a parents education class; and a home visit to an elderly woman alone. The PHN's knowledge of and use of other community resources is also highlighted.

INTRODUCTION TO PUBLIC HEALTH NURSING: A WORLD OF CONTRAST - A TIME OF HOPE - (continued)

Suggested Use: in-service training for new staff nurses, student nurses before they begin their community health experience, and community education as to the role and responsibilities of the public health nurse

JENNY IS A GOOD THING Color -- 15 min.

The film is about Head Start and Head Start children, with a focus on food and nutrition. Centers around the country are used in the filming to expose a wide range of nutrition related activities. It attempts to show how mealtime and food experiences can skillfully be integrated in a program that best serves the Head Start child.
Suggested Use: Head Start, day care, and preschool activities

JOHNNY'S NEW WORLD Color -- 15 min.

The film shows parent taking child to family doctor for physical examination. Later in the film, the teacher notices signs of vision defect in pupil, and sends him to school nurse who gives vision tests and notifies parents who take the child to a private physician for further examination and correction.
Suggested Use: adults, parents, teachers, students and professional groups

JOURNEY IN HEALTH B & W -- 22 min.

The importance of preventive medicine among children through the regular and continual health supervision of a physician is stressed in this film. In a series of flashbacks, a pediatrician recalls some of the cases in his career where continuous health supervision prevented a child from suffering throughout life from a congential difficulty. Also seen are children who come too late for him to detect and correct. The film shows a health examination and includes a complete study of the child's growth and development, both physical and emotional.
Suggested Use: parents, teachers and health personnel

KNOW YOUR BABY Color -- 10 min.

The film depicts the ideal care of a child during the first few months of its life. It illustrates proper feeding, bathing and handling of the baby. It stresses the essential emotional relationship to be cultivated within the family group.
Suggested Use: high school and adult groups interested in child care

LAURIE LEARNS A SECRET Color -- 20 min.

An attractive teenager, Laurie, finds that her social life is suffering because of poor oral hygiene. On visiting her dentist for a checkup, Laurie learns that she has not been brushing her teeth properly. Through use of slides showing mouth bacteria scraped from tooth surfaces, she learns from the dentist the importance of toothbrushing and correct brushing technique. Laurie's reward is a clean mouth, greater self-confidence and improved social relations.
Suggested Use: high school and college health classes

LEARNING TO BRUSH Color -- 10 min.

A grade school boy goes to the dentist and reports back to the class on how the dentist taught him to brush his teeth properly and other aspects of dental care.
Suggested Use: elementary children

LET'S KEEP AMERICA BEAUTIFUL Color -- 14 min.

The film begins with typical shots of some of America's most beautiful scenery and then shows how this beauty is bespoiled by conscious and unconscious littering. It emphasizes vividly how each one of us is inclined to think of the other fellow as a "litterbug", whereas almost all of us are guilty. The size of the problem is shown in terms of truck loads of litter per average mile of public highway. This is then transposed into dollar and cents cost of litter clean-up. The film ends with an appeal to each of us to be personally responsible to help correct what amounts to unconscious vandalism.
Suggested Use: elementary, secondary and college students, and adults

LIGHT OF YOUR LIFE Color -- 15 min.

This film urges widespread screening programs for the purpose of finding suspected Glaucoma among adults who are 35 years or older. It also brings out the importance of vision screening programs in schools to find suspected vision problems,and among preschool groups to find suspected amblyopia -- "lazy eye".

The section on Glaucoma is presented as a personalized experience of a factory foreman and his family. The film points out that Glaucoma destroys vision by developing pressure within the eye which rapidly and continuously diminishes the field of view. The testing procedures are described and the remedial treatment that can be administered is given.

The film demonstrates the simple screening test which requires but a few minutes for anaesthetic eye drops and painless eye pressure measurement with a tonometer.
Suggested Use: high school and college health instruction, and adults

LOOK ALIVE B & W -- 15 min.

Raymond Burr as Perry Mason introduces "Look Alive". This is a story of two men; the first one, preoccupied with business, steps out in front of a moving car. The second, the driver, examines some of the jaywalker's practices.
Suggested Use: children, youth and adult groups

MASCULINE OR FEMININE: YOUR ROLE IN SOCIETY Color -- 18½ min.

The film is interviews of people from various segments of society giving their opinions on masculine and feminine roles today. Their conflicting viewpoints reveal not only the stereotyped traits usually associated with the two sexes, but also that rigid concepts seem to be changing, replaced by emphasis on human qualities and values. This film lets viewers draw their own conclusions and helps them define their own developing roles.
Suggested Use: high school age level and college

MATERNAL AND NEONATAL CARE B & W -- 25 min.

This is a report based on a concept which provides a continuity of care to meet the individual needs of mothers and their newborn infants. Some of the advantages inherent in having a baby at home are combined with an environment of hospital safety. The care of patients by physicians, nurses, and hospital staff is seen here in general terms. . . for this is a report of an idea in action, a way of action found in medical centers.
Suggested Use: physicians, hospital staff, and student nurses

MATERNITY CARE: LABOR AND DELIVERY Color -- 37½ min.

This film depicts and treats the actual events that occur during labor and delivery. It is intended to help the obstetrical staff and so help every pregnant woman understand more realistically and meaningfully, the ways in which she can contribute to her own comfort and her baby's safety during labor and delivery. This helps to minimize the possible groundless fears, and eliminate the apprehension normally experienced by most primiparas.

Art work is utilized to clarify the difference between false and true labor; to explain what happens to the cervix and uterus during labor, and to depict the usual signs which portend the start of labor.
Suggested Use: educational programs conducted by physicians and nurses

MATTER OF CHOICE, A Color -- 30 min.

The film aims to inform young adults about the importance of the health of their mouths. Two students are talking about going to college, and they get into a discussion about deciduous and permanent teeth and dental disease, as opposed to teeth that "last a lifetime". The boy has to make a choice between buying a car and having his teeth restored. There is also some discussion about dental decay and toothbrushing.
Suggested Use: high school, college students, and adults

MATTER OF SECONDS, A — Color -- 23 min.

The severity of the accident problem among our older population is illustrated in this film. Attention is given to the non-fatal injuries which cause either permanent injury or long convalescent periods. The film vividly emphasizes the need for making the home a safe place for the aged and also makes it clear that personal practices by older persons, and those responsible for their care, must compensate for the impairment of physical abilities which often accompany the aging process. Old age is inevitable--but accidents are not.
Suggested Use: all adults, families with senior citizens, nurses, senior citizens, nursing home staffs, and home health care staffs

MATTER OF TIME, A — Color -- 20 min.

This is a documentary report on heart research, which shows the dramatic strides science is making to find the cause and cure of heart disease. The film is particularly good in providing information on arteriosclerosis.
Suggested Use: high school and adult citizen groups

ME AND ABOUT TWENTY OTHERS — Color -- 20 min.

This film dramatizes how the problems of a few students alert a concerned teacher to action. The school nurse suggests that health problems may contribute to the situation. She feels a school health council might be the first step in the solution of the teacher's dilemma. Convincing the principal of the need for a health council is difficult. However, following the formation of the council, their consultation and advice prove valuable in solving many of the learning disabilities of students. The teacher finds order returns when Ed Olsen, the formerly aggressive student, has a serious hearing loss detected and corrected, and when an insecure and overweight girl gains confidence and self-acceptance.
Suggested Use: in-service training of teachers and administrators, PTA, and college

MEDICAL CERTIFICATION OF CAUSES OF DEATH — Color -- 17 min.

This film aims to assist physicians in practice to prepare the medical certification of causes of death; to show the need for a complete and accurate medical certification of causes of death. It also shows the relationship between the medical certification and vital statistics.
Suggested Use: physicians in practice and in training

MENTAL HEALTH YEAR — B & W -- 33 min. each, 2 reels

Although there are two reels, each can be used separately. The purpose of the film is to present an understanding of the new concepts in the care of the mentally ill and retarded to citizen groups. The first reel shows the care provided in modern hospitals, new changes in drug therapy, and the increase in use of individual and group psychotherapy.

MENTAL HEALTH YEAR - (continued)

The second reel emphasizes the care and training of the mentally retarded. It carries through into prevention, and emphasizes the need for the child to develop through activities. Also brought out are the basic principles in the child's development and points out the need for improved care.
Suggested Use: adult citizen groups

MIDSUMMER'S NIGHTMARE B & W -- 15 min.

Raymond Burr as Perry Mason tells the story of several near drownings and the role of water safety in the prevention of drownings.
Suggested Use: youth and adult groups

MRS. HAZARD'S HOUSE B & W -- 12 min.

It starts with animated "Grimm fairy tales" -- make believe your home is filled with hazards. The mother and father, after seeing the film, examine their own home, find hazards, and decide what could be done.
Suggested Use: high school, college, and any adult group, especially parents of young children

MUNICIPAL SEWAGE TREATMENT B & W -- 20 min.

Sewage treatment modifies and reduces the destructive effects of water carried wastes on our rivers, lakes and streams. The film shows the various processes in the treatment of sewage: screening, settling, and disinfection, aeration, and chlorination. The aim of sewage treatment is conservation of water resources, and the ultimate objective is to modify and reduce the destructive effects of water carried wastes on our rivers, lakes, and harbors.
Suggested Use: civic groups, men and women's clubs, sanitarians, and high school students who are studying this area of community responsibility

NEW BABY, THE Color -- 27 min. Restricted for Education for Parenthood

Preparations, the mother's prenatal care, the preparing of the baby's room, and the employment of a housekeeper to care for the family while the mother is in the hospital, made by the family for the arrival of the new baby are shown. The baby is brought home and the mother makes special effort to include the other children in his care, and give them the attention they need.

The elements of his care, such as keeping him dry and fed, the making of the formula and keeping it sanitary, his bath, and the washing of his clothes are emphasized.
Suggested Use: Education for Parenthood classes

NEW ROAD AHEAD B & W -- 35 min.

The story of this film begins when a woman takes her husband to a treatment center for alcoholics, after he admits he is powerless over alcohol. Treatment is a slow withdrawal of alcohol. He returns home, but his compulsion to drink, which is still with him, gets the best of him and he gets drunk and is charged with drunken driving. He returns to the hospital and after his discharge, he goes to a psychiatrist for treatment. He begins to enter into community activities, and finally he is able to refuse drinks when they are offered to him.

Suggested Use: high school students, college students, and professional people who are concerned with the problem of alcohol

NINTY-NINE BOTTLES OF BEER Color -- 23 min.

The film is an appropriate film for all discussion groups and classroom situations concerned with the problems of today's youth -- their attitudes, their feelings. The producers did not predetermine the contents. Instead they went to young people and asked them how to make the film.

The film is non-judgmental. It simply relates actual experiences and feelings of young people as they relate to alcohol. No authoritarian viewpoint is exhibited. Young people come to their own conclusions.

Suggested Use: high school, college, all young people who want to understand themselves better, and adults who care enough to listen

NO TIME TO BE LONELY Color -- 30 min.

This is an actual musical performance by a group of older ladies living in a home for the aged.

Suggested Use: persons living in homes for the aged, citizen groups interested in homes for the aged, and operators and staff of homes for the aged

NOISE POLLUTION Color -- 15 min.

The film presents noise pollution and its effects on man. The differences between sound and noise, the methods used by various agencies to measure sound, the physiology of hearing, and the possible ill effects due to excessive noise are discussed. The effects on living animals show the harmful effects of noise pollution.

Suggested Use: junior and senior high, and adult

NORMAL BIRTH B & W -- 11 min.

The film starts with a printed narrative introduction and depicts the delivery process starting with the patient on the delivery table. Her physical needs are being met by the nurse and physician in attendance. Simple diagrams are used to explain how the baby moves through the birth canal. The scenes are narrated in terms of telling the mother what is taking place. This is done in a reassuring factual manner aimed at answering her normal questions and quieting any unnecessary fears as the birth

NORMAL BIRTH - (continued)

progresses. A minimum of professional language is used throughout. The mother evidences real satisfaction when she sees the baby.
Suggested Use: Expectant Parent classes, and professional groups in training

NOT WITHOUT HOPE Color -- 23 min.

The purpose of this film is to inform the public about epilepsy -- one of the most misunderstood disorders of our time. This is a moving story about the person with epilepsy who faces a world still prejudiced by eons-old superstitions.

The film shows a child with epilepsy being examined by a neurologist on referral from the family physician. He brings out some of the reasons that may have caused the epilepsy, but points out that there is no one single cause.

The physician tells the family this disorder may be short or it may last a lifetime, and the family is helped to adjust to this condition.
Suggested Use: community and church groups, service clubs, professional health groups, industrial or business organizations, youth, guidance groups, teachers and school children from middle grades through college

OPERATION UNDERCOVER Color -- 20 min.

Even though the Hough Company emphasizes the advantages of its Payloader, this is a very comprehensive, practical overview of the sanitary landfill requirements which include equipment requirements. Topics covered encompass site selection, operational methods, land reclamation, necessary equipment features, suggested maintenance, functions of equipment, and cleanliness of the site. After a brief introduction to solid waste management problems and a statement that solid waste is here to stay, the comprehensive overview is presented.
Suggested Use: city-county officials, commissioners, supervisors, civic groups, general public and school groups

OPPORTUNITY TO HEAR Color -- 33 min.

This is a film which acquaints the viewers with the problems resulting from a hearing loss in children, such as poor speech, poor scholarship, disobedience, daydreaming, aggression or withdrawal, and a general lack of communication.

The importance of the early detection of hearing loss, medical follow-up, counseling, special educational and remedial procedures are brought out. One of the major problems of a hard-of-hearing child is that the handicap does not show and hence early detection is not always accomplished so that attention is not given early enough to conserve as much hearing as possible, to improve speech habits and prevent emotional problems.
Suggested Use: teachers, parents, public health personnel, high school and college students

ORAL EXFOLIATIVE CYTOLOGY — Color -- 20 min. — For Professional Use

This film depicts the value of exfoliative cytology as a diagnostic aid in the detection of early and unsuspected cancers of the mouth. Several clinical examples of unsuspected mouth cancers are shown; the technique for obtaining a cytology specimen is also demonstrated in detail. The variation of microscopic appearance of normal cells and of cancerous cells is presented, and the direct application in several actual cases is shown.
Suggested Use: dentists and physicians

ORGANO PHOSPHATE PESTICIDE POISONING — Color -- 25 min.

The film describes treatment of organo phosphate poisoning. It uses the case study approach, showing symptoms and treatment.
Suggested Use: physicians

OWL AND FRED JONES, THE — Color -- 14½ min.

The film deals with habits. It shows that habits are what you make them, good or bad, and how we can develop habits and make them serve us. The example used in the film is the over-eating habit. The purpose of the film is to make those persons who see the film more aware of the part habits play in their lives and how to go about making a change.
Suggested Use: upper grades, high school and adult groups

P.K.U.: DETECTION IN OREGON — Color -- 18 min.

Actual cases of PKU, phenylketonuria, one of the causes of mental retardation, are shown. The Maternal and Child Health Section of the Oregon State Board of Health originally filmed phenylketonuric patients in order to observe their progress once they had been placed on the special diet which has proven so beneficial in their care.

Changes in PKU detection techniques also occurred during this two year period, and the latest laboratory techniques are shown.
Suggested Use: professional health,mental health, education, social and welfare workers, as well as college students

PARANOID-SCHIZOPHRENIC, A — B & W -- 28 min.

The most common variety of schizophrenic is characterized by delusions of persecution. The patient in this film believed that everyone was part of a vast "organization" whose sole objective was to destroy him.

Even during his treatment, he regarded the hospital staff and the other patients as part of this group of persecutors. Yet, within a matter of months, he begins to get some insights into his condition. Eventually, this man returned to his former job -- a highly responsible one with a large company.
Suggested Use: for teaching purposes in professional training and any adult groups interested in the care of the mentally ill

PARENT TO CHILD ABOUT SEX Color -- 31 min.

The purpose of this film is to help parents talk with their children about sex. It was developed since the physician who produced the film feels that most adults -- not just parents -- are uninformed, misinformed and unsure of themselves about the subject of sex matters. What "sex education" that has been given in the past has at most been a little sex instruction on the physiology of reproduction, with a few dire warnings about illegitimacy and venereal disease, and not all adults had even that much. Most parents want something better for their children. This film is designed to help parents do this.

The first part of the film demonstrates the beginning of sex education with the young child. Although the examples of parent-child discussion are those of mother and child, it is important to realize that either parent may talk with a child of either sex.

There are also some scenes dealing with situations involving older children. These were chosen for discussion to give authoritative information.
Suggested Use: parents and all adults who work with young people

PARTY, THE Color -- 28 min.

A sensitive portrayal of the sexual development of teenagers. Six high school seniors borrow a beach house for the week-end. Two of the couples have been intimate regularly; the third has not. As the week-end progresses, their varying attitudes toward the sexual act are revealed. The film shows strong peer pressure toward the third couple to comform.
Suggested Use: teenage groups, young adult, and parent groups

PATTERN FOR THE NATION B & W -- 60 min.

This film explains the Connecticut Program for Mental Retardation. It is a documentary film originally made for TV. It explains what mental retardation is, the problems of mental retardation, and classification of the retarded. It brings out the importance of placing emphasis on the family of the retarded rather than on the retarded individual.
Suggested Use: professional and citizen adult groups, and college groups interested in the services for the mentally retarded

PEOPLE WHO CARE Color -- 25 min.

This films tells a story -- a story of a beautiful young wife and mother who becomes mentally ill. The film traces her progress from the time of her admission to the hospital until she leaves. As it does so, it becomes far more than a story about one person. It is a story of "people who care" -- the seven persons who work together toward a common goal -- the restoration of this woman to her family and her community.
Suggested Use: high school or adult groups interested in mental health, teachers, and school counselors

PERSONAL CARE DURING PREGNANCY Reel 1 — Color -- 27 min. — Restricted for Education for Parenthood Program

This film illustrates the needed care through the first trimester of pregnancy. The film brings out the changes in the woman's body which are normal in pregnancy. It includes a description of the fetus early in its life and the function of the placenta and the umbilical cord. Changes in the size of the fetus and the increase in the volume of blood in circulation are shown. Emphasis is placed on the food needed by the pregnant woman, her need for recreation, exercise, personal hygiene, rest and dental care. She is encouraged to talk over her problems with her husband and her doctor.
Suggested Use: Education for Parenthood classes

PERSONAL CARE DURING PREGNANCY Reel 2 — Color -- 27 min. — Restricted for Education for Parenthood Program

This film covers the second and third trimesters of pregnancy. The film shows the growth and movement of the fetus during these periods of pregnancy. Some of the problems that may occur, such as constipation, backache and leg cramps, are mentioned with suggestions for avoiding these problems.

The normal results of "stretching" are shown. Positive suggestions are made which include the wearing of clothing that does not restrict, and low heeled shoes. The importance of regular visits to the physician's office is stressed, and the film ends with the baby in the mother's arms.
Suggested Use: Education for Parenthood classes

PERSONAL HYGIENE FOR BOYS — Color -- 11 min.

Several boys have special problems regarding personal hygiene and the changes taking place in their maturing bodies. The film offers guidance on the common standards of good body care, including shaving, showering, and skin and hair care.
Suggested Use: junior and senior high health, or health related classes

PLANNED FAMILIES — Color -- 20 min.

This film is designed for professionals to use in instructing persons in methods of family planning. With visual simplicity, which is made possible through the skilled use of animation and film imagery, men and women see the miracle of their own reproductive organs, learn how a baby is conceived, and how it develops.

Its purpose is to aid families bring children into the world by choice. It includes all the birth control methods now available.
Suggested Use: professional person's use in either instructing persons in training or for their use in instructing families in methods of family planning or for groups interested in or working in Family Planning Association

POINT OF RETURN B & W -- 24 min.

Suicide can be reduced only through an understanding of the problem and its seriousness. This film recounts, chronologically, the events of a day culminating with a suicide attempt.

Following this case-history, the pattern of cases resulting in death is illustrated. By flashing back to selected sequences of the story, a panel in the film comments on the important incidents of suicide, its effects on the survivors, and the need for preventive programs. The tendency of suicide-minded persons to cry out for help while planning self-destruction, and the usual behavioral changes, are discussed.

Suggested Use: social workers, employers, teachers, ministers, labor and business groups, police and law enforcement officers, as well as persons studying in mental health

POISONS AROUND THE HOME Color -- 11 min.

The film creates an awareness of poisons found in and around the home and assists each child viewer in attaining an attitude of self protection. A feeling of responsibility for the protection of younger children is also engendered.

Suggested Use: elementary grades

POLK COUNTY BRUSH-ON Color -- 9½ min.

This film shows how an interested group of volunteers from a county in Oregon conceived the idea of doing preventive dental health work with their young people of school age. They organized a program whereby trained teachers taught daily sessions on tooth brushing in their school classes. The purpose was to have the young pupils learn how to administer their own fluoride treatments and to develop good tooth brushing techniques.

Suggested Use: pupils, parent groups, and interested professional groups to introduce the program of self application of fluoride to teeth and gums

PRACTICAL VIEW OF SYPHILIS Color -- 30 min.

This is a survey of the diagnosis and management of syphilis. It is presented from the point of view of the natural course of the disease. The lecturer makes liberal use of graphs and clinical subjects.

Suggested Use: for physicians and nurses

PRINCIPLES OF DEVELOPMENT B & W -- 17 min.

The film outlines the fundamentals of growth from early infancy through childhood. Development follows a pattern which is continuous, orderly, progressive and predictable. The film considers the many variables which make each child different from every other one.

Suggested Use: college and adult audiences

PROFILE OF AN ALCOHOLIC B & W -- 33 min.

The film portrays graphically to the layman as well as to the professional personnel, how the symptoms of alcoholism develop early and how they progress. The film also shows how the early symptoms can be recognized. It shows an alcoholic from the time he first began drinking as a teenager through the progressive stages of becoming an alcoholic and then on to the time he admits he cannot control his drinking. Also illustrated is the drink ravaged alcoholic who has to have a drink before he can even begin his work day.
Suggested Use: lay and professional adults, college and high school groups

PSYCHOSOMATIC CONDITIONS - OBESITY B & W -- 28 min.

This film shows a 13 year old girl who is unhappy because she is fat. She is fat because eating helps to relieve her feelings of frustration over the lack of communication between herself and her mother. In this case, the girl's parents also receive treatment, and after several months, the family is brought to an awareness of the relationship between the girl's unmet emotional needs and her overeating. They also learn to communicate more effectively with each other.
Suggested Use: high school, college and adult groups if professional resource persons are present to answer questions

PUBLIC HEALTH NURSE AND THE MENTALLY RETARDED, THE
Color -- 45 min.

This film depicts the aid that a public health nurse can provide to parents with retarded children, and it documents a typical case -- detection of the abnormal condition, marshalling of community facilities to provide help, and the education of parents to enable them to deal with training situations. Community facilities in this case include the services of physician, physical therapist, occupational therapist, social worker, speech specialist and others. The part of the public health nurse is clearly shown in the film, and the observer feels keenly the satisfactions and joys of her work as the film unfolds.
Suggested Use: nurses, welfare workers, public health educators and other professional persons who work with retarded children and their families, and the general public

PURPOSES OF FAMILY PLANNING Color -- 15 min.

Some people choose to plan their families for reasons relating to physical and emotional health, economical stability, or personal preferences. Several of these reasons are shown in the everyday language of typical family situations. The film incorporates both narration and dramatization techniques. It also introduces important methods of family planning, together with sources of counseling and detailed information.
Suggested Use: senior high, college and adult

QUARTER MILLION TEENAGERS — Color -- 16 min.

This is a film on venereal disease which shows microscopic shots of spirochetes and gonococci, as well as the route by which the organisms enter the body. It points out that since these organisms survive only in living tissue, as opposed to other organisms that thrive in water, spoiled foods, or on dry utensils, these diseases are not contracted from toilet seats or other objects, but only from other people.

The progress of both gonorrhea and syphilis is detailed as they develop in both the male and female. The diseases can be cured. A person with symptoms or with reason to believe that he has been exposed should see his doctor.

Suggested Use: health classes in junior, senior high school, college, as well as adult groups

RADIATION — Color -- 27 min.

This is a "primer" for moderns about radiation -- what it is and what it does to living things.

From a sun-drenched bathing beach to an awesome "gamma garden", this film explores how heat, radio waves, x-rays and gamma rays affect people and other forms of life.

Suggested Use: high school and citizen groups to show how radiation is used for the benefit of mankind and its dangers

RAT PROBLEM, THE — B & W -- 20 min.

The film presents rats as the economic and health problem they are. It shows the economic loss caused by rats from destruction and waste of food; damage to building structure; and loss of property values. Rat bite fever, Weil, Typhus, and the Plague, are some of the diseases which rats can and do carry to man.

Suggested Use: high school and general adult audiences

REALITIES OF RECYCLING, THE — Color -- 38 min.

This longer film contains the additional substance about the problems and potentials of recycling that a serious student, public works administrator, or a community official wants. Existing markets for glass, aluminum, metal cans, paper, old appliances and old car hulks are described, along with new technology for tomorrow.

Suggested Use: city-county officials, contractors, supervisors, civic groups, commissioners, general public, and school groups

READ THE LABEL AND LIVE — Color -- 9 min.

The purpose of this film is to alert everyone to the importance of reading the warnings found on the labels of commonly used products. On many product labels, in everyday use words, warnings such as DANGER-WARNING-CAUTION are printed. Serious injury and even death can result if these warnings are not carefully read and followed.

READ THE LABEL AND LIVE - (continued)

The safe handling practices of hair sprays, insecticides, common medicines, paint thinners, lacquers and other household products are shown. The importance of knowing whether or not to induce vomiting in case of poisoning is discussed.
Suggested Use: upper elementary grade school children, high school, college, and adults

RECYCLING Color -- 21 min.

The pressure of public opinion in favor of recycling is enormous. Nevertheless, expensive processes, a limited market, and a lagging technology push economical recycling into the future. "Recycling" shows existing techniques for recovering materials from solid waste, newly developed equipment, and systems which may make recycling universal tomorrow.
Suggested Use: city-county officials, commissioners, supervisors, civic groups, general public, school groups, and contractors

RED LIGHT RETURN Color -- 14 min.

This is a film to illustrate car safety. The University of California at Los Angeles conducted tests: car collisions at 40 miles per hour to determine the types of glass and door latches. They measured the impact of these collisions with anthropometic dummies with and without seat belts and harnesses. The film illustrates the impacts of these collisions with windshields, doors flung open, and the ejection of bodies. Slow motion scenes analyze the various types of windshield glass used in this study.
Suggested Use: anyone of driving age

REHABILITATION OF PATIENTS WITH CLEFTS OF THE LIPS AND PALATES
Color -- 27 min.

In fairly technical, but understandable language, this film explains, demonstrates and shows type of clefts, reasons for clefts, and surgical and prosthetic rehabilitative techniques. It also does well in presenting problems and explaining ensuring procedures. All the various professional disciplines used in cleft palate rehabilitation are shown in action. The film story is laid around a classroom lecture in which the doctor's subject is the cleft palate.
Suggested Use: educational purposes with parents of cleft palate children, and professional seminars concerned with cleft palate rehabilitation

REPORT ON DOWN'S SYNDROME — Color -- 21 min.

This film is a comprehensive statement of "Down's Syndrome", previously called "Mongolism", one of the causes of mental retardation. The film outlines general characteristic and treatment methods, including the latest findings in the area of genetics.

The development of two mongoloid children over a six-year period is illustrated and provides invaluable information to parents.

Suggested Use: professional health workers, educators, social workers, and others who work with mentally retarded

RESCUE BREATHING — Color -- 10 min.

The film teaches "mouth to mouth" resuscitation.

Suggested Use: firemen, ambulance crew. physicians, nurses, swimming pool attendants, wire and electric employees, and first aid classes

RIGHT FROM THE START — Color -- 23 min.

This film is one that depicts the importance of immunization. Parents are urged to have their children protected against the common communicable diseases "right from the start", during the first year of life. By animated sequences the viewer is given a simplified explanation of how vaccines help the body to produce the antibodies with which it can fight and kill disease germs. The film also brings out the importance of periodic boosters for older children and adults to maintain their immunity.

Suggested Use: upper grade, high school, college students, parents, and other adults interested in the promotion of community health

RIGHT TO HEAR, THE — Color -- 29 min.

The film dramatizes the need for organized programs of conservation of hearing and emphasizes the objective and possibilities of attainment in a carefully planned approach to the problems involved. The techniques of group and individual hearing tests, medical follow-up procedures, and educational re-adjustments are demonstrated.

Suggested Use: public health nurses, teachers, and persons who are going to develop a hearing program

ROLL GUARD — Color -- 10 min.

This film promotes the use of tractor roll bars and seat belts to prevent tractor roll-over injuries and fatalities.

Suggested Use: Future Farmers Associations and other training sessions as well as for farm owners and operators

SAFETY THROUGH SEAT BELTS B & W -- 12 min.

The purpose of this film is to show the safety value of seat belts in the reduction of deaths and serious injury from automobile accidents.
Suggested Use: high school, college, and adult citizen groups

SANITARY LANDFILL Color -- 18 min.

The film shows that garbage and waste disposal can be done economically and safely with a sanitary landfill. Good selection of the location,and proper control, dumping and covering will ensure safe disposal. Such methods will not leave unpleasant odors, unsightly dumps, nor breeding places for rats.
Suggested Use: upper grades, high school classes, civic groups interested in garbage disposal and city officials responsible for garbage disposal

SANITARY LANDFILL: FOUR PARTS REFUSE, ONE PART EARTH
Color -- 24 min.

The film explains detailed requirements for a good sanitary landfill operation. It shows that consideration must be given to the volume of daily refuse to be disposed of, what goes to make up a good location for the operation, and plans for the ultimate use of the area when the landfill is completed. It covers such details as the kind and amount of machinery required for different sized operations, as well as the probable number of employees. Based in part on an actual landfill operation in the Los Angeles area, the information presented is nevertheless applicable for any community that wishes to consider this means of refuse disposal.
Suggested Use: any person or group with a general interest in the subject, and individuals or groups who have the responsibility of planning for refuse disposal for their communities and who wish to consider this method

SAVE THOSE TEETH B & W -- 10 min.

Action centers around demonstrations made by the dentist to an 11-year old boy. Toothbrushing techniques, the value of fluoride treatment, the ultimate effect of sugar on the teeth, the role of bacteria in changing sugar to acid, foods that can be substituted for sweets and the need for regular dental care are discussed.
Suggested Use: school children and parents

SCHOOL HEALTH IN ACTION Color -- 25 min.

This film shows the development of a school health program, emphasizing the role of the teacher and nurse in screening procedures. Information is given on healthful environment, health instruction and health services. The film also points out the importance of community support for such a program.
Suggested Use: teacher training courses, all educators and public health personnel

SECRET LOVE OF SANDRA BLAIN, THE — Color -- 28 min.

The film shows, step by step, the progression into alcoholism of a wife and mother. We see how she, in her unrecognized illness, deceives her friends, family, physician and herself.
Suggested Use: senior high, college, and adult

SELLING ONE GUY NAMED LARRY — B & W -- 17 min.

This is a film showing employment possibilities for the mentally retarded. In a concise, dramatic presentation, retarded people are shown at work. The film points out that these people are like you and me -- with one difference: they are mentally retarded.

There are two million of them, working side-by-side with their co-workers, performing on an equal basis, and receiving equal compensation, the film points out. They are shown at work in shops, factories, offices, restaurants, and farms. Some of the activities they can engage in are shown as sales clerks, messengers, mechanics, waitresses, painters, carpenters, stock boys, payroll clerks, dishwashers, upholsterers, tool and die makers. The film states there are now one million more mentally retarded persons like the ones shown who need jobs now.
Suggested Use: community, professional, high school and college groups interested in the mentally retarded

SET THE STAGE FOR DENTAL HEALTH — Color -- 28 min.

A resourceful dentist with an imagination presents an evening program of basic dental health facts to parents and teachers. To enliven his presentation, he developed portable "props" and models and incorporated nearly every type of audiovisual device in his program.
Suggested Use: adults interested in preserving the dental health of their children, as well as their own, and teachers

SEX IN TODAY'S WORLD — Color -- 28½ min.

This two part film examines social forces which have changed our public treatment of sex and the results on our private lives. It increases self awareness and understanding between generations.
Suggested Use: high school, college, parent groups; especially for use with adult sex education programs, along with family planning

SIBLING RELATIONS AND PERSONALITY — B & W -- 22 min.

In a series of case studies, this film demonstrates the relationships a child has with his brothers and sisters throughout developmental years. These relationships are an important factor in personality shaping. Emphasis is placed on the importance of understanding complex personality influences in helping youngsters through childhood and adolescence.
Suggested Use: college and adult audiences

SILENT WORLD - MUFFLED WORLD Color -- 28 min.

The narrator of this film, Gregory Peck, relates historically the difficulties of speech, education and normal living for the deafened. Animation explains the physiology of the ear, the mechanics of the hearing process and the hearing impairment caused by certain disorders of the outer, middle and inner ear.
Suggested Use: teachers, health professionals, parents, high school, college groups and other citizens

SMOKE, ANYONE? Color -- 9 min.

This film was produced with the cooperation of high school students. Its purpose is to help junior and senior high school students not to smoke. Hopefully this film will help formulate attitudes either before the habit was acquired, or soon enough after smoking was begun so that breaking the habit would not impose too great a hardship.

The film should be used as a basis for discussion, and supplemented by scientific information from the Surgeon General's Task Force Committee Report.
Suggested Use: junior and senior high school, college students, health counselors, and teachers

SMOKING AND YOU Color -- 11 min.

This film aims to show that smoking is a dangerous habit. It contains some of the scientific information that makes smoking a health hazard. It shows in animation the delicate mechanism of the lungs and how they can be harmed.

A specially contrived "smoking machine" demonstrates the amount of the chemicals that can be inhaled and pictures the lungs with some of these materials in them. The film pictures the smoking habit as socially unglamorous.
Suggested Use: high school or any group

SMOKING, IT'S YOUR CHOICE Color -- 15 min.

Good food, pure water, and clean air are essential to life. Polluted air has become a serious problem in our country; yet many people complain about it while deliberately inhaling contaminated air into their lungs as they smoke. The effects of these pollutants in terms of cancer and emphysema are covered, as well as the effect of smoking on heart action.
Suggested Use: upper elementary and junior high, young people, and adults

SOCIAL DEVELOPMENT B & W -- 16 min.

This film is an anaylsis of social behavior at various age levels, showing how behavior patterns change as a child grows. The film shows how understanding parents can make inevitable social adjustments much easier and smoother.
Suggested Use: college and adult audiences

SPECIAL UNIVERSE OF WALTER KROLIK, THE Color -- 24 min.

This is the story of a man, his family, and their particular way of life. His unexpected illness results in a turmoil of feelings, reactions, and necessities. The effects of his illness upon the entire family, but particularly upon him are portrayed. Supporting the patient and family through their crises are doctors, nurses, and social workers.

The patient is helped through a therapeutic regimen of diagnostic tests, medications, adequate nutrition, rest and physical activity, social activity and rehabilitation. But there is something lacking. The patient's feelings about himself, his family, his situation and his illness are reflected clearly in his expressions and behavior, but the nurses do not recognize them, or else perceive them as something different.

After he is brought back to the hospital, the family, nurses, doctors, and others will at last begin to understand Walter Krolik, how he really feels and what he needs and wants.

Suggested Use: nursing education, pre-service and in-service, and other professional educational groups

STARTING LINE B & W -- 20 min.

The film shows how the Illinois Health Department is providing special care for premature babies from birth until they can be cared for by their own mothers.

Suggested Use: those interested in the premature program, nursing education classes, and physicians

STEP LIGHTLY Color -- 16 min.

This is a film on pedestrian safety. It shows in a graphic manner the importance of retro-reflective materials to be worn on clothing or around the neck of individuals and the importance of labelling bicycles, etc., when on a street or highway at night.

Suggested Use: all persons, even primary school children

STORY OF ERIC, THE Color -- 34 min.

"The Story of Eric" is a tender and deeply moving record of a young couple's first childbirth experience. The film is narrated by the young people who share day by day the hopes, the plans, the expectations that only a child's birth can inspire. Prepared childbirth is shown as a means by which wife and husband, doctor and nurse prepare together for the delivery of the child.

Suggested Use: prospective parents and marriage and family life courses from junior high through college

STRIKING BACK AGAINST RABIES — B & W -- 10 min.

This film shows how Middletown organized to fight rabies. It deals primarily with quarantine, emergency inoculation clinics, participation of veterinarians and health officers, laboratory diagnosis, human treatment and publicity.
Suggested Use: general audiences, particularly community adult groups where rabies is a problem

STUDY OF MATERNAL ATTITUDES, A — B & W -- 24 min. — Restricted for Professional Use

The film shows the integration of the mental health practices and pediatrics. A psychological approach to the care of mothers and children in medical practice is needed. Its purpose is to make the study and treatment of the emotional life of children and their mothers an integral part of pediatrics and the health supervision of infants and children.
Suggested Use: physicians, psychiatrists and other public health and mental hygiene workers

SUPPORT DURING LABOR — Color -- 20 min. — Restricted for Professional Use

This film shows in detail the techniques of giving emotional and physical support throughout normal labor.
Suggested Use: in-service or pre-service training of physicians, nurses, and other professional hospital personnel

TARGET: TOOTH DECAY — B & W -- 11 min.

It points out the value of modern dental care with emphasis on prevention of caries through the use of fluorides in topical application or in water fluoridation. It also shows that good dental health requires dental care regularly.
Suggested Use: community, parent and teacher groups

TEACHING TEENAGERS ABOUT ALCOHOL — B & W -- 15 min.

The film records a teachers' seminar in which the techniques of education about drinking and its effects are portrayed. One teacher in the group has seen the need and has a constructive attitude. She discusses the methods she uses.
Suggested Use: teacher groups, teachers in training, high school, college groups, P.T.A.'s and other adults who guide or counsel teenagers

TEETH ARE TO KEEP — Color -- 11 min.

Attractive animated drawings illustrate proper dental health attitudes and habits in this film. The selection of proper foods with a stress on the avoidance of sweets, proper personal care, and the importance of dental visits are highlighted.
Suggested Use: primary and intermediate grades

TELL ME WHERE TO TURN — Color -- 26½ min.

This film is designed to show how Information and Referral Services help tear down the walls between people who need help and people whose job it is to give help . . . by bringing them together for the best interests of the community. The purpose of the film is to stimulate understanding and encourage interest which will lead to action; to develop such a service in a community where none exists, or to strengthen an already existing service to make it meet community needs more efficiently and economically.

Suggested Use: professional and volunteer health and social welfare workers, physicians, nurses, clergy, civic and community officials, service clubs, educators, business and labor leaders, women's clubs, neighborhood center workers, professional training programs and the general public

THEN ONE YEAR — Color -- 19 min.

This film deals with the physiological changes in boys and girls at the onset of adolescence, but also to some extent, with the worries and tensions of that troubled period. It deals with variations in growth, changes in body hair, contour and skin, to glandular changes, sexual maturation and reproductive functions. The need for good habits of personal hygiene and health are highlighted.

Suggested Use: 6th and 7th grade boys and girls and their parents

THERE IS A WAY — B & W -- 35 min.

This is a film which portrays the steps in training a patient to regain bowel and bladder control, and it illustrates how his dignity and self-respect are restored as his control of elimination is gradually learned. The film is outstanding in its explanation of the physiology involved. It is an excellent training film and it stresses interpersonal relationships.

Suggested Use: in-service training of any professional group of nurses

THINGS A TEACHER SEES, THE — Color -- 20 min.

The film illustrates the teacher's contribution to the health and well being of her pupils, stressing the value of teacher observation for detecting physical and emotional health problems.

Suggested Use: teachers and other school personnel, students in colleges of education, public health personnel, and P.T.A.'s

THIRD POLLUTION, THE — Color -- 23 min.

Solid waste management is the subject of this film. It explains that burning refuse contributes to air pollution and dumping it contaminates ground water supplies. Municipalities are abandoning earlier haphazard methods of disposing of solid wastes and switching to better public works procedures.

THIRD POLLUTION, THE - (continued)

The film describes various alternative methods for solid waste disposal. No "best" method is outlined since that what is best in one situation may not be suitable in another situation. After studying the alternative methods, each local community must adopt the method best suited to its situations.
Suggested Use: general public, high school and college groups

TROUBLE WITH TRASH, THE — Color -- 27 min.

The problem of the solid waste explosion is presented. Each person is reminded of his contribution to the problem and of his responsibility. Open dumps are condemned as shameful scenic blights on our landscape with many health and safety hazards. Experimental technological developments are reviewed -- water soluble packaging containers, milling equipment, recycling separators, composters, sophisticated incinerators, and the like.

Today's two practical and feasible solutions are emphasized: incineration and the sanitary landfill. The sanitary landfill receives the greatest emphasis in a comprehensive explanation that extends through the last one-third of the film.
Suggested Use: city-county planning committees, civic groups, schools, and service groups

TIME FOR DECISION, A — Color -- 29 min.

This film is a dramatic showing of the problems of the compulsive drinker, and how his family can find guidance in attaining a normal life, even though the alcoholic may continue drinking.
Suggested Use: high school, college, and adult

TIME IS FOR TAKING — Color -- 23 min.

This is a film about mental retardation. It shows in a specialized sense, how a residential camp for retarded children can be operated successfully. It demonstrates methods of handling children in any situation with special emphasis on the use of the volunteer counselor.
Suggested Use: parents, volunteers working with the retarded, general public, high school and college students, association for the retarded and those who work with the retarded

TO A BABYSITTER — Color -- 14 min.

This film brings out the importance of the babysitter liking children and in following the rules the employer give. It includes the importance of finding out the ages of the children and other information about them and suggests the sitter inquire about the fees to be paid. She gives the employer the name and address of her own parents.

The film describes the duties of the sitter as it follows a typical babysitter through an evening of sitting.
Suggested Use: prospective babysitters and families who will have sitters

TO PLAN YOUR FAMILY — Color -- 18 min.

This film is not included in the film catalog for general use. It will be reserved for professional use only.

The film describes contraceptive methods. Animation is used to review the physiology of the female reproductive system and the various methods of controlling contraception, with emphasis on the "pill" and the intrauterine devices (IUD).

Overburdened mothers resent persuasive reasons for limiting or planning families. They also discuss irrational fears and their personal experiences with side effects.

Suggested Use: health professional persons who want to use it for in-service training or for educational programs conducted with citizen groups

TO YOUR HEALTH — Color -- 10 min.

Cartoon-type film using animated characters, simple narration and music teaches about alcohol, alcoholics, and alcoholism, but does not moralize. Dr. Jellinek is supervisor of its production.

Suggested Use: high school and college students and adult non-professional audiences

UNCONDITIONAL SURRENDER — B & W -- 24 min.

This film shows how vaccine is made. The steps in its development, why it is needed and its value are all explained.

Suggested Use: high school and lay groups primarily, parents to encourage them to have their children immunized

UNILATERAL BELOW THE ELBOW AMPUTEE — B & W -- 12 min.

This film deals with (1) age levels and motor signs of readiness for below elbow prosthesis; (2) the fitting and use of a passive hook; (3) the addition of a cable system to activate the hook and the child's awareness of its uses; (4) methods of training children in the use of the cable system; and (5) the performance of outdoor activities and games.

Suggested Use: physicians, nurses, physical therapists, social workers and parents working with young children who have physical disabilities

UNILATERAL BELOW THE KNEE AMPUTEE — B & W -- 12 min.

This film concerns (1) motor signs of readiness for the use of below knee prosthesis; (2) a method of prosthesis application; (3) activities prior to independent ambulation; (4) the characteristics of early ambulation patterns; and (5) the effect of growth on prosthesis function.

Suggested Use: physicians, nurses, physical therapists, social workers and parents working with young children who have physical disabilities

US Color -- 28 min.

The film begins with shots of slums, waste, pollution, student unrest and war, and then shifts back and forth to particular and contradictory situations in which people use drugs. While a group of women discuss the "deplorable" way children use drugs; the conversation shifts to how they themselves use amphetamines. While getting steadily more inebriated over the lunch hour, two businessmen slur statements about how their wives use drugs. College students get drunk at a "beer bust" and "bad mouth" the pot heads. While pot heads are high and rapping about what's wrong with the world, they pause to say some negative words about a girl in the group who's shooting up with speed.
Suggested Use: general audience

UTERINE CANCER Color -- 21 min.

This film illustrates the practicability of drastically reducing deaths from cancer of the uterus by adherence in general office practice to the routine pelvic examination of all adult women. The cytologic method of screening for malignant tumors should be a part of the pelvic examination, with final verification of diagnosis dependent upon tissue biopsy.
Suggested Use: medical societies, medical students, hospital staffs, or nurses

V.D.: A NEW FOCUS Color -- 15 min.

The film informs young people of the simple facts about gonorrhea and syphilis, including the importance of recognizing the symptoms and seeking treatment. Narrator James Brolin exposes several myths surrounding V.D. if left untreated, and why patients should name their contacts.
Suggested Use: junior high through adult

V.D.: ATTACK PLAN Color -- 16 min.

The film acquaints the viewers with the magnitude of the venereal disease problem. It describes the specific course of infection for syphilis and gonorrhea. It introduces preventive measures for V.D. and reliable sources of information. The film stresses the symptoms, results and treatment of V.D.
Suggested Use: high school, college, and parent groups

V.D. EPIDEMIC B & W -- 27 min. Restricted

The purpose of the film is to aid in the teaching of the emotional, medical and social aspects of venereal disease. Using a shadow technique, the film maintains the anonymity of three men and one woman stricken by syphilis, while sharply defining their individual reactions to the disease and its effects upon their lives.

V.D. EPIDEMIC - (continued)

The film stresses the deep drain on the nation in both dollars and health, the urgency of early treatment, and the importance of tracing the contacts of the infected persons.
Suggested Use: P.T.A. and parent groups, college classes, high school classes, health and Education for Parenthood classes

V.D. QUESTIONS: V.D. ANSWERS — Color -- 15 min.

The film is an overview of venereal disease, including syphilis and gonorrhea.
Suggested Use: junior high through adult

WAR OF THE EGGS, THE — Color -- 27 min.

This is a story that dissects the anatomy of a modern American marriage. During a bitter marital quarrel, the son begins to cry hysterically. He is shoved down the stairs. While the child undergoes emergency surgery, a staff psychiatrist tries to help, but they deny anything is wrong. Eventually, their defenses begin to crumble and they are brought face to face with their basic problem: self-hatred. This is a classic on the marital relationship.
Suggested Use: planned parenthood meetings, pre-marital counseling, marriage counseling classes, high school and college classes on family life

WE WILL SEE THEM THROUGH — B & W -- 20 min.

The film shows the Rhode Island State Program for children with rheumatic fever. It shows the coordination of medical, social, nursing and other skills to take care of children during the acute stage of rheumatic fever and the long convalescence from this serious disease.
Suggested Use: those interested in the rheumatic fever program

WELL CHILD CONFERENCE — Color -- 20 min.

Although prepared for physicians and public health nurses providing services in well child conferences, this film is also useful for sponsoring groups and volunteers. It brings out the role of the public health nurse in the home following the mother's postpartum period.
Suggested Use: well child conference personnel for better understanding of function of well child conference

WHAT IS SCHOOL HEALTH? — Color -- 33 min.

A modern school health program is reviewed in the film. The school environment, safety,first aid, physical examinations, teacher observations, cumulative health records and personnel services are shown. The working relationship between the school and home is demonstrated, with referral to the family physician when necessary.

WHAT IS SCHOOL HEALTH? - (continued)

Suggested Use: teachers, administrators, public health personnel working in schools and P.T.A. groups

WHAT TIME IS IT NOW? Color -- 14½ min.

The film discusses why teenagers drink, the various effects of drinking, why some persons can drink more than others. It discusses various activities which are acceptable physically, mentally, and socially at different age groups.
Suggested Use: junior and senior high school students, and adult groups interested in teens drinking

WHEN SALLY FELL B & W -- 15 min.

This is the story of a family whose mother sustained injuries in a fall from a chair. The family then examines their house and their attitudes about possible other hazards that could contribute to falls.
Suggested Use: adult groups

WHEN THE BOUGH BREAKS Color -- 20 min.

The services offered through a "Homemaker Service Program" are illustrated in this film. The collapse of a family occurs when the mother is injured and hospitalized. The film shows how the services of a homemaker would have aided in preventing this collapse.
Suggested Use: professional health and citizen groups

WHICH DO YOU CHOOSE? B & W -- 30 min.

This is a film on fire prevention. It includes a demonstration of what fire is, what causes it, and how it can be controlled. The danger points in house wiring and over-loading are dramatically illustrated. It points up the choice of "fire prevention" or "fire investigation".
Suggested Use: older school-age groups and adults

WHIPLASH Color -- 16 min.

The film points out that there are an estimated four million rear-end accidents in the U.S. each year. Detailed studies of rear-end collisions at the UCLA Institute of Transportation and Traffic Engineering are vividly shown. It shows what happens to the driver and the car upon impact at speeds up to 55 miles per hour.
Suggested Use: high school and adult groups

WHO CARES ABOUT JAMIE? Color -- 16 min.

This is the story of a few hours in the life of Jamie, a first grader. He is an individual who is trying to fit into this big fearsome world. He is growing up, and as is seen in the film, he must work at growing up.

WHO CARES ABOUT JAMIE? - (continued)

How well he copes with the setbacks he will face will, to a large extent, determine how well he adjusts to the world about him. And a large part of this adjustment will be the responsibility of his parents, teachers, and other adults about whom a child's life revolves.
Suggested Use: pre-service training of teachers, nurses, parents, teachers, public and mental health personnel, or any groups interested in work with youths

WHY DADDY? B & W -- 15 min.

Raymond Burr as Perry Mason tells the story of a family whose home catches fire. It points out the correct things they do, such as not opening a hot door, and it also illustrates incorrect actions. The fire chief then sums up the fire safety rules.
Suggested Use: youth and adult groups

WISCONSIN CLEFT PALATE STORY Color -- 36 min.

This film traces a baby born with cleft palate from birth, through lip surgery, subsequent evaluations, prosthesis, and speech training. Background explanation is good.
Suggested Use: parents, professional and educational groups

YOU AND YOUR FOOD Color -- 8 min.

The film shows the value of food and the kinds necessary to good health. The value of the several food elements are illustrated, which together spell a balanced diet. The old saying "You are what you eat" is illustrated. The film shows that the food one eats makes the body grow in its own special way, and that good health does not just happen.
Suggested Use: early elementary grades

YOUR BABY'S FORMULA Color -- 11 min.

In a home setting, the film demonstrates the once per day formula preparation in 4 steps: washing, mixing and measuring, sterilizing, and cooling (using the terminal heating method). It also shows feeding and bubbling techniques.
Suggested Use: parents of young children or going home instruction conducted at the hospital

YOUR CLOTHING CAN BURN Color -- 13 min.

Certain clothing fabrics are more easily ignited than others, and the film points out the ones which are safest. The common causes of clothing fires are described and information given on how they can be prevented. It one's clothing does catch on fire, directions are given on what to do.
Suggested Use: high school and college age students, and adult groups

YOUTH PHYSICAL FITNESS B & W -- 15 min.

This film illustrates the necessity for physical development along with mental development. The film emphasizes four basic principles of a fitness program: (1) continuing health appraisal; (2) screening tests; (3) 15 minute daily exercises, and (4) periodic achievement tests.
Suggested Use: in-service and pre-service teacher training, and P.T.A. groups

YOUTH PHYSICAL FITNESS - A REPORT TO THE NATION B & W -- 28 min.

This film is intended to stimulate community leaders to study the problem of physical fitness and to develop adequate programs in health and physical education. The film shows the experience of several schools where a physical fitness program has been developed. It urges that a more balanced program of physical fitness and health education be developed in the schools.
Suggested Use: school administrators, teachers, upper grades, P.T.A.'s, and high school students

FILMSTRIP DESCRIPTIONS

ABOUT VENEREAL DISEASE — Color -- with record

This filmstrip presents scientific information about venereal disease and aims to correct misconceptions concerning its cause, prevention and control. It aims to assist in the development of scientific attitudes concerning the need to seek reliable medical advice and treatment if needed. Emphasis is placed on the importance of avoiding self-treatment and medical quackery. The film shows that venereal disease is a health problem and a threat to the community.
Suggested Use: junior and senior high school, college and adult groups

AIR POLLUTION - WHAT IS IT? — Color -- with record -- 11 min.

The filmstrip is designed to analyze and emphasize what is rapidly becoming one of the world's most alarming problems by a careful presentation of scientific data relative to perplexing questions such as : What is air pollution?; What causes it?; What is smog?; What can be done about it?, and How do meteorological or geographical conditions worsen the situation in some areas?
Suggested Use: grades 6 through 12, and adult groups beginning the study of air pollution

ALCOHOL: THE SOCIAL DRUG/THE SOCIAL PROBLEM — Color -- with record -- 20 min.

Part I examines alcohol's role as a "relaxer" and symbol of the "good life". The program explains alcohol's classification as a sedative drug and reviews its history in the U.S., with emphasis on Prohibition. Part II reviews statistics on alcoholism, delineates personality types sometimes associated with the disease. An alcoholic recounts his personal and social decline, and his attempts to recover.
Suggested Use: high school, college and adult groups

ALCOHOLISM IN INDUSTRY — Color -- 7½ IPS tape -- 35 min.

The filmstrip presents information on alcoholism in industry, a health problem included in an occupational health program in a local health department.

The basic prodromal and chronic phases of alcoholism are described and the relationship between alcoholism program in industry and community rehabilitation agencies are related.
Suggested Use: health officers, both management and labor in business and industry, high school, college, and adult groups

AND THEY LIVED HAPPILY EVER AFTER — Color -- with record -- 40 min.

This filmstrip deals with the reasons teenagers marry and the problems of teenager marriage.

Reasons why teenagers marry are presented: pregnancy; a need to justify a sexual involvement as a final step in the steady-dating pattern; as a response to pressure from many sources; through immature conviction that the first attraction is love; to escape from home, and as a way of coping with the uncertainties of military service.

The problems of teenager marriage are the same as those found in any marriage, but without the leavening of maturity. The fears and resentments of both partners in unsuccessful marriages are brought out. Among them are the problems of early parenthood, limited incomes, career and educational limitations, financial aid from parents, in-law troubles, and the overwhelming urge to return to the freedom of the unmarried.

Suggested Use: parents, teachers, guidance counselors, religious and youth leaders, and teenagers

BECOMING A WOMAN/BECOMING A MAN — Color -- with record -- 29 min.

This two part filmstrip treats the concerns of young people at the time of puberty and early adolescence. The program explains various physical, psychological, emotional, social, and sexual problems that adolescents need to understand and resolve for themselves. Actual comments from young people strengthen the material presented in the narration.

Suggested Use: upper elementary and junior high

BEGINNING TO DATE — Color -- with record

The filmstrip consists of 7 segments, each intended to be seen and discussed separately. Each segment is an enactment of the situation involving a problem area in early boy-girl relationships. The areas are: what to wear, conversation, meeting people, privacy, the party, either/or the first date. The filmstrip offers no advice, contains no narrator, gives no objective information. Instead it has a purely motivational approach, with meaningful class discussion as its major objective.

Suggested Use: grades 5 through 7 or possibly 8th graders

CONFIDENCE BECAUSE YOU UNDERSTAND MENSTRUATION — Color -- with record

This filmstrip tells the story of menstruation.

Suggested Use: upper grades and junior high school girls

CONSTRUCTING A SANITARY PIT PRIVY — B & W -- with record

The filmstrip illustrates aspects of constructing a sanitary pit privy.

Suggested Use: sanitarians and others responsible for initiation and operation of sanitation programs

CRISIS OF THE ENVIRONMENT — Color -- with record

Five filmstrips dealing with the environment are included in this series. They are: Man: An Endangered Species; Breaking the Biological Strand; Vanishing Species, Preserve and Protect, and The Population Explosion.
Suggested Use: junior high, senior high, college and adults

CURRENT DENTAL ADVANCES — 3 filmstrips — Restricted for Professional Use

Each of these filmstrips deals with a different phase of the current advances in dentistry: Problems in Caries Control; Problems in Occlusion, and Problems in Treatment Planning for the Partially Edentulous Patient.
Suggested Use: dentists only

DRUG SERIES — 6 filmstrips -- with records

NARCOTICS — Color -- 15 min.

The program begins with a chemical examination of narcotics: opium, opium derived drugs, and synthetic drugs that produce opiate effects. It then tells of narcotic effects, traces the history of narcotic use, early use of morphine, heroin use and addiction, social conditions associated with drug problem, distribution, treatment approaches, and various aspects of narcotic laws and enforcement.
Suggested Use: high school, college, and adults

SEDATIVES — Color -- 15 min.

The program explains the general topic of sedatives, barbiturates, tranquilizers, alcohol, and marijuana. Marijuana is brought in by investigation of the effects, problem of dependence, and its use as an escape. It concludes with legal restrictions pertaining to barbiturates, alcohol, tranquilizers, and marijuana.
Suggested Use: high school, college, and adults

STIMULANTS — Color -- 11 min.

This filmstrip starts by describing how stimulants work. The focus is then turned on amphetamines, methedrine, cocaine, caffeine, theobromine, nicotine, and the mild anti-depressants. Finally, it describes laws against illicit possessions of stimulants.
Suggested Use: high school, college, and adults

PSYCHEDELICS — Color -- 12 min.

The filmstrip first describes various psychedelics whose main effects are to alter temporarily a person's thought patterns and mood. It takes LSD as a representative and relates its effects on sanity, dreams, and memory. Finally, discussion centers on taking motivations, limited religious use, and common reasons given for taking, and conformity to peer-group pressure.
Suggested Use: parent usage, but not necessarily for school as it tends to glorify drugs

MARIJUANA: WHAT CAN YOU BELIEVE? Color -- 32 min.

The first part is a narration by David Smith exploring the cultural, legal and pharmacological aspects of marijuana and its usage. It also attempts to clear up general misconceptions, as, marijuana enhances creativity, and marijuana is as an innocuous alcoholic substitute. The second part features a candid discussion among a "head", an ex-user, and others arrested for possession. It invites the students to draw conclusions on factual experience, expert opinions and first-hand opinion.
Suggested Use: high school, college, and parents

LSD: THE ACID WORLD Color -- 34 min.

The filmstrip follows an 18 year old boy through the drug scene. It points out the altering way in which this mind-altering drug defects brain codes with incoming sensory information, psychological dependence of a "hooked" user of LSD, development of high tolerance, variance of individual reactions, illegality of LSD, and definite danger involved in its usage.
Suggested Use: high school, college, and parents

THE EFFECTIVE TEACHER: FAMILY LIFE AND SEX EDUCATION
Color -- with records

Part I helps teachers recognize the real concerns and needs of young people in today's society. It lists guidelines by which teachers may assess their readiness to communicate honestly with students and helps them understand their responsibility for clarifying their own teaching objectives. Parts II and III demonstrate methods of establishing an atmosphere in the classroom that will facilitate the answering of student questions at different grade levels. Both parts include recorded sequences from actual class discussions, with examples given of student-teacher interaction on elementary, intermediate, and high school levels.
Suggested Use: teachers, school officials and college

EVERYTHING BUT . . . Color -- with record -- 29 min.

The filmstrip explores two central topics: "whether love makes it right" and "where to draw the line". It attempts to stimulate teenagers into thinking about these two questions in relation to themselves. Also, it is hoped that teenagers will go beyond these specific topics and examine their own attitudes in general, especially their basic motivations in relationships with others. It is in the light of these basic motivations that teenagers should look at their standards of sexual behavior.
Suggested Use: junior and senior high school

FAMILY PLANNING TODAY Color -- with record -- 23 min.

These filmstrips were designed to set the practice of family planning into perspective. The subject is handled within the framework of its importance for individual family health and happiness and its relevance to the world population. The history of contraceptives, reasons for family planning, and the four major catagories of birth control are discussed.
Suggested Use: high school, college, and adults

FUTURE OF THE FAMILY, THE — Color -- with record -- 20 min.

The filmstrip deals with some of the forces on the family today in America. While these forces are formidable, the filmstrip proposes that we can deal and are dealing with them. Architects talk about plans to create better cities. Dr. Mead predicts the formation of family clusters, which would help parents and children of nuclear units. Participants in communes, as well as group families, explain these two unconventional family structures which may be gaining support.
Suggested Use: high school and adult groups

GLAUCOMA SCREENING: A 3 MINUTE TEST FOR A LIFETIME OF SIGHT

This is an up-to-date filmstrip which shows the need for testing for glaucoma and why it should be done regularly when physical examinations are given. It demonstrates the testing with the tonometer which is very simple and takes only about three minutes. Information on glaucoma, its development and treatment are also described.
Suggested Use: high school, college and adult

HEALTH HEROES SERIES — B & W -- no records

The six filmstrips tell the stories of: Madame Curie, Robert Koch, Florence Nightingale, Louis Pasteur, Walter Reed, and Edward Livingston Trudeau.
Suggested Use: upper grades and possibly high school

HEALTH PROTECTION THROUGH CLEANLINESS IN THE HOME
B & W -- no record

Several suggestions are made for organizing household cleaning, with each person having their particular job assigned. The second part of the filmstrip deals with the so-called "germ points" in the kitchen, bathroon, and the baby's room. Particular emphasis is placed on disinfection with the use of Clorox.
Suggested Use: general audiences

HOME SAFETY AND THE HEALTH DEPARTMENT — B & W -- no record

This filmstrip shows the importance of preventing home accidents. It also gives data and causes, and ways to promote home safety.
Suggested Use: high school, college and adult audiences

HOW MANY CHILDREN DO YOU WANT? — three filmstrip series

How Babies Begin — Color -- with record -- 13 min.

The filmstrip begins with the fact that children are very special people and deserve parental love and attention. The narrator emphasizes that before you choose a birth control method, it's best if you know a little more about yourself, about how your body works and how babies begin.

How Babies Begin - (continued)

The information is conveyed through discussion and illustrations of the male and female reproductive parts. The discussion also covers conception (how, when, where). The information is reviewed in finale so that the most important aspects of each area are covered twice.

Doctor Methods of Birth Control Color -- with record -- 13 min.

The filmstrip opens with the benefits of a planned family being described. A family planning trained nurse leads discussion in her class on each medical method of contraception. The areas covered include: birth control pills, IUD, diaphragm, vasectomy, tubal ligation, and hysterectomy. Women in the class pose commonly asked questions about each method.

A brief review of the methods and a statement about planned families by the narrator conclude the filmstrip.

Drugstore Methods and Least Effective Methods of Birth Control
Color -- with record -- 13 min.

The introduction of the filmstrip poses a number of questions, such as, "Did you know that many couples think they're using birth control when they really aren't?", "Have you ever wondered how effective your birth control method is?". After a brief reference to the benefits of a planned family, the narrator discusses drugstore methods of birth control. The discussion includes condoms, foams, creams and jellies, and deals with the relative effectiveness of each in preventing pregnancy.
Suggested Use: high school, college, and adult

I NEVER LOOKED AT IT THAT WAY BEFORE Color -- with record -- 31 min.

The filmstrip deals mainly with making decisions. Decisions dealing with sexual behavior in the main is the basic topic, but it also touches on smoking, alcohol, and drugs. It tries to get young people to look at decision making from some different angles. It gives then a new insight into weighing facts and not just drifting along with the crowd.
Suggested Use: junior and senior high school

INTERPERSONAL RELATIONSHIPS Color -- with record -- 18 min.

This two part filmstrip is designed to help students become more aware of the importance of relationships with others in several ways: (1) by pointing out the influence of interpersonal relationships on one's self concept; (2) by demonstrating the development task of achieving an appropriate dependence-independence pattern; (3) by encouraging them to learn to become more effective members of their families, and (4) by suggesting effective patterns of communications.
Suggested Use: high school

LABORATORY DIAGNOSIS OF RABIES B & W -- with record Restricted

The filmstrip aids in standardizing the best operational procedures for all laboratory technicians who diagnose rabies.
Suggested Use: laboratory technicians, medical students, and veterinary students

LEARNING ABOUT SEX Color -- with record -- 15 min.

The program discusses embarrassment about sex and helps understand why adults may tend to avoid the subject and discourages anxiety caused by the lack of knowledge. It then helps the class learn the ways sex education will benefit them. The program points out the value to each student of full participation in questioning and discussion, underscores the role of sex e cation in helping every student achieve maturity.
Suggested Use: junior high, teacher in-service and pre-service programs, and parent groups

LIFE BEFORE BIRTH Color -- no record

The photographs taken by Swedish photographer Lennart Nilsson, which originally appeared in the April, 1965, Life Magazine, have been reproduced in this filmstrip. The filmstrips show details of fetal development with excellent descriptive sub-titles.
Suggested Use: high school and college age people and adults

LOVE AND MARRIAGE Color -- with record -- 31 min.

The first part of this filmstrip deals with love and the feelings involved before marriage. The filmstrip is done by a counselor through the eyes of a high school aged couple and two college aged couples. The second part deals with love in a marriage setting again from three different couple's views. It also delves into some other problem areas in marriage, such as sex, money, in-laws, children, work, and communication.
Suggested Use: high school, college, and adult

MASCULINITY AND FEMININITY Color -- with record -- 21 min.

The thrust of this filmstrip is to help students to react to each other first as human beings and only secondly as sexual objects. By presenting solid information and fresh attitudes, the program seeks to make the students feel freer and more confident, more able to develop their individuality without fear of violating sacred stereotypes of what is manly or womanly. In this area, the program makes clear that there are no pat definitions, no rigid rights or wrongs.
Suggested Use: high school, college, and possibly upper level junior high

MEDICAL CERTIFICATION FOR CAUSES OF DEATH
B & W --no record

This filmstrip illustrates the correct procedure for filling out medical certificate of death with particular emphasis on correct cause of death

MEDICAL CERTIFICATION FOR CAUSES OF DEATH - (continued)

being shown in the right blank.
Suggested Use: medical societies and hospital intern groups

METHODS OF FAMILY PLANNING — Color -- with record

The different contraceptive techniques are described in this filmstrip. The reproductive system is reviewed and how conception takes place is described. It places emphasis on Enovid, but others are mentioned. It rates methods as to effectiveness and mentions family planning clinics.
Suggested Use: for professional use

MODERN METHODS OF FAMILY PLANNING — Color -- with record -- 15 min.

The filmstrip discusses health and economic reasons for family planning. Because there is not one method of contraception which is best for every couple all the time, the advantages and disadvantages of each method, as well as a simple explanation of how each method prevents a pregnancy, are presented to assist an individual in making an informed choice. The filmstrip also exposes some superstitions and misunderstandings about birth control.
Suggested Use: in-service training for public health and clinic nurses, social workers, other professionals, community educational work, and all socio-economic and ethnic groups

NEW LOOK AT THE OLD SAUCE, A — Color -- with record -- 17 min.

This animated cartoon filmstrip tells the effects of alcohol on the mind and body. It gives a brief history of alcoholic beverages, the effects of ethyl alcohol on the body, the effects of up to eight drinks on a 16 year old male, the reasons why people drink, myths about alcohol and alcoholism, and the need to know more.
Suggested Use: junior high, senior high and adults

PARENTHOOD: MYTHS AND REALITIES — Color -- with record -- 16 min.

This filmstrip explores a variety of thoughts and attitudes about parenthood. The program is about reality: what it means to be a parent; how parenthood will change a young person's life; the commitments and responsibilities involved in raising another human being; the rights of the child; the right to decide whether or not to bring children into the world; the decision between parenthood or a career, or of combining them; and the alternative methods of raising children.
Suggested Use: junior and senior high school and college

PATIENT CARE SERIES — 3 sets -- with records — Restricted

The Patient Care Series of instructional programs describes patient care procedures in nursing. Discussed in the series are the following:

PATIENT CARE SERIES - (continued)

Package I

1. taking a blood pressure
2. taking temperature, pulse and respiration
3. giving a cleansing enema
4. making an occupied bed
5. giving a bed bath

Package II

1. admission and discharge
2. urinary care
3. medical asepsis
4. feeding the patient
5. lifting and moving the patient

Package III

1. range of joint exercise
2. bowel and bladder training
3. transfer activities and ambulation
4. positioning to prevent contractures
5. personal care and long-term illness

Suggested Use nursing education instruction

POLIO AND THE VACCINE no record

The story of the vaccine, the disease of polio and its crippling effects and the effectiveness of the vaccine are shown.
Suggested Use: high school, college and adult groups

POWER OF FOODS, THE Color -- no record -- 15 min.

The filmstrip portrays the needs of the body for growing and developing and how nutrients in food supply these needs. The drawings are on the first to fourth grade level.

Color photos of foods include meat at all meals and foods used in middle to high income households.
Suggested Use: primary and lower elementary grades

PROBLEM OF VENEREAL DISEASE, THE Color -- with record -- 90 min.

These three filmstrips have much material drawn from questions commonly asked by teenagers themselves. Opportunity is provided so students can test themselves with question-answer sessions programmed into each presentation.

Part I explains the extent of the VD problem and places emphasis on the fact that many who have it do not know it. Syphilis, its signs, cause, method of spread and the need for medical care,are discussed.

PROBLEM OF VENEREAL DISEASE, THE - (continued)

Part II deals with gonorrhea, its prevalence, symptoms, method of infection, its effects if left untreated, and the need for medical care if a person has the disease.

Part III brings out the high incidence of VD among teenagers and points out some of the reasons for the increase. The point is made that it is not easy to control the growing force of sexual desire among teenagers.
Suggested Use: junior or senior high school and adults

PROTECTING THE PUBLIC — Color -- with record

This is a new training program on food protection and sanitation. The program introduces you to "Jack the Germ". This colorful, entertaining cartoon character tries his very best to be where he shouldn't. Throughout this three-part program, the idea is to sanitize "Jack the Germ" right out of your food service establishment.
Suggested Use: food service personnel, high school or college students studying food service

REAL YOU, THE — Color -- no record

This filmstrip portrays the needs and desires of a teenage girl and the effect that good nutrition can have on them. Color photos of foods include meat at all meals and foods used in middle to high income households.
Suggested Use: students during the teenage years

SEX: A MORAL DILEMMA FOR TEENAGERS — Color -- with record -- 34 min.

This is a two-part sound program designed to help guidance counselors, teachers, religious and youth group leaders, and parents discuss openly some of the problems that are troubling teenagers about sex. It is made up of candid live interviews with young people in which they express their opinions, confusions and apprehensions about their own sexuality and sexual relationships. It also contains live interviews with professional authorities in the fields of medicine (Mary S. Calderone, M.D., executive director of the Sex Information and Education Council of the United States is one of them), religion and education.
Suggested Use: Education for Parenthood programs, high school, college, and parent and adult persons who work with youth

SEX EDUCATION IN AMERICA — Color -- with record -- 41 min.

The filmstrip correlates current information on sex education and builds parent and community understanding of sex education through discussion of curricula successfully administered in various schools throughout the nation.
Suggested Use: parents, teacher, junior and senior high

SEX EDUCATION - U.S.A. Color -- with record -- 39 min.

This filmstrip is designed to build parent-community understanding and acceptance of elementary and secondary school sex education. Aspects of sex education projects and curricula in several school systems in the United States are shown. It also shows what is taught, how classes are conducted and courses structure, how sex education is developed from grades K through 12, how teachers are oriented. This filmstrip tries to show how sex education can begin in the school and community, and what role parents play in instituting and supporting sex education programs.
Suggested Use: any adult group, particularly parents, in a community where sex education is being carried on or planned to be introduced into the school curriculum

SEXUAL VALUES IN SOCIETY Color -- with record -- 25 min.

Part I, a colloquy among four adult panelists and a narrator, begins with the subject of values in general before going on to sexual values in particular. Three ways in which an individual learns the values of his society are mentioned: parents, peer group, and communications media. Part II opens with the same panel of adults, but consists mostly of teenagers discussing sexual values among themselves. The problem the teenagers themselves raise in Part II is that they don't really know what the guidelines are. They also have the problem of mastering their strong sexual drives and living up to their sexual values in actual practice.
Suggested Use: high school, college, adult, and possibly junior high

SHAPING IDENTITY Color -- with record -- 16 min.

Part I focuses student attention on the importance of asking the question "Who am I?" However, since the "self" is by definition, a unique being, it follows that there is no one right way to go about answering that question. Part II of the program has been structured to help students perceive the influences on identity; these mainly being heredity and environment.
Suggested Use: upper level high school classes

TOBACCO AND ALCOHOL: THE $50,000 HABIT Color -- with record -- 34 min.

Lung cancer, sexual involvement, automobile accidents, and heart disease are all a part of the ugly picture contained in this discussion of tobacco and alcohol. The first part is concerned with the problem of smoking, and the second part handles the less clear-cut problem of drinking.
Suggested Use: for teenagers

UNDERSTANDING YOUR PARENTS Color -- with record

In-depth interviews develop insight into factors affecting parent/child relationships; explore misconceptions, double standards, and how and why some relationships function well. Adults discuss envy of freedom enjoyed by youth today and the temptation to be overindulgent. Students articulate basic gripes, arbitrary limitations set on them and feelings of parental mistrust.

UNDERSTANDING YOUR PARENTS - (continued)

Suggested Use: high school

VALUES FOR TEENAGERS: THE CHOICE IS YOURS Color -- with record -- 32 min.

These filmstrips are designed to stimulate youngsters to think about and discuss the important issues with which they are faced. Part I deals with the confusions facing teenagers, such as discrepancy between what adults tell them to do, and what they actually do. Part II emphasizes the decisions facing teenagers;some of which have to be decided not only upon their own choice, but on a combination of group pressures to conform.
Suggested Use: any teenager group to start discussion

VENEREAL DISEASE: A PRESENT DANGER Color -- with record -- 31 min.

Part I of the filmstrip begins with a history of venereal disease. It traces briefly the medical history of the discovery of the spirochete of syphilis and the gonococcus of gonorrhea. The main portion of Part I deals with gonorrhea, explaining how it it contacted, how it affects the body, how it is detected and treated, how it can damage the body, and lastly it emphasizes the importance of a person's seeking diagnosis and treatment if he thinks he has been exposed, and naming his contacts. Part II covers the same type of material on syphilis.
Suggested Use: junior high, senior high, and adults

WHAT IS MARRIAGE? Color -- with record -- 21 min.

The filmstrip has tried to analyze some of the reasons for unhappy marriages and suggest some methods for improving the marriage experience. Experts in the counseling field discuss some methods of preparing for marriage, as well as some of the elements necessary for a fulfilling marriage relationship. By examining marriage and the alternatives, perhaps the program can generate some new ideas about the preparation, problems, and the potential for a marital relationship.
Suggested Use: high school

WHY EAT A GOOD BREAKFAST? Color -- no record

This filmstrips points up research that was conducted at the University of Iowa School of Medicine, which showed that girls, boys, and adults who ate good breakfasts were, during the late a.m., able to: (1) be sharper in thinking and action; (2) be calmer and steadier; and (3) work better.
Suggested Use: upper grades, high school and adults

YOU MAY BE THE ONLY ONE — Color -- with record

Motivation of nurses and social workers for family planning is the main theme. The nurses role as a counselor of family planning is emphasized. In our society a woman on staff in a family planning clinic may be the only really honest help another woman has ever known. This presentation tells about the "humanity" aspect and demands of her work.
Suggested Use: nurses, social workers, and other professionals interested in helping their clients and patients

YOUNG, SINGLE AND PREGNANT — Color -- with record -- 15 min.

This filmstrip neither condemns nor condones premarital intercourse or illegitimacy. Instead, it presents some of the reasons why young girls become pregnant and also how the boys involved feel when these pregnancies occur. In addition, information is provided which will help girls decide upon a response to illegitimate pregnancy: marriage, adoption, abortion, or single parenthood. Finally, the filmstrip tries to help all young people gain some personal insight into themselves.
Suggested Use: high school and adult groups

YOUR CHILD'S MENTAL HEALTH — Color -- with record

This filmstrip points out the signs of stability in children, what parents can do to help in the development of stability in their children, and suggestions as to where parents can get help if there is real trouble.
Suggested Use: parents, teachers, teacher-in-service training, and others working with children

YOUR FOOD: CHANCE OR CHOICE — Color -- with record -- 13 min.

Making food choices is something all teenagers do, although they may pay little attention to the act of choosing food. Food choices merit the teenager's consideration, however, because meals and snacks chosen during adolescence affect present and future physical makeup and health. Because the individual's feelings and values influence the use he makes of nutrition information, this filmstrip is directed toward the "whole" teenager, not just to his thinking processes. It includes not only knowledge or cognitive objectives, but also the feeling or affective objectives.
Suggested Use: junior high, senior high, adult and parent groups

SLIDES AND RECORDS

BABY CRIES — 20 min. — Restricted for Professional Use

The different cry patterns of newborn infants are recorded. Heard are babies' spontaneous cries when 45 minutes old, 24 hours old, and six days old. Cries of hunger when the infant is 4 days old are heard. Cries of the infant at six days old when he is tired and wants to go to sleep are also included. An induced cry of pain is recorded, so the difference between this cry and others can be learned. Also illustrated are the infant's sounds which imitate speech.
Suggested Use: Education for Parenthood programs

GROWING UP — B & W -- Color -- 97 slides

These slides are a series on growth and development covering the period of birth through 5 years of age. A suggested script is included. It is recommended this script be used as a guide and the leader add other information.
Suggested Use: Education for Parenthood programs

HAVING A BABY — Color -- 37 slides

These slides illustrate the birth of a baby beginning with the ovum and sperm, the 3 - 5 day cluster of cells, at six weeks, and on to birth and the expelling of the placenta.
Suggested Use: Education for Parenthood classes

HOW BABIES ARE MADE — Color -- 34 slides

This is a series of slides which is prepared for parents to aid them in explaining the "facts of life" to their children. It is also aimed to strengthen parent-child relationship by enabling the basic facts of sex education to be an experience shared by father, mother, and child together. The aim of the slide series is to tell the full story of reproduction with accuracy, simplicity and beauty.

Parents must view the slides themselves and read the suggestions for their use before deciding if they wish to use them with their children or only to help them talk with their children on this subject. If parents would like to purchase a set for their own family use, the cost of the slides is $12.00. It can be purchased from "Creative Scope, Inc.", 509 Fifth Avenue, New York, NY.
Suggested Use: parents, children from age 3 to 10, and older children

HUMAN REPRODUCTION 100 Color -- 80 slides Restricted

The slides depict the structure and functions of the male and female reproductive systems; processes of conception, pregnancy and birth; principles of sex determination and multiple births. Exclusive color technology permits completely effective daylight projection on standard classroom blackboard or conventional screen. Labelled and unlabelled diagrams are included in the program.

Suggested Use: junior and senior high school, college and adult groups

SOBRIETY AND BEYOND SERIES 40 min. each

This is a series of five records titled "Father John Doe, Alcoholic"; "The Spiritual Side of Alcoholics Anonymous"; "Excuses"; "Resentments"; and "Action". All of the records are talks by Father John Doe, a Catholic priest who became an alcoholic. These records help in gaining an understanding of alcoholism and the role of Alcoholics Anonymous.

SUPPLEMENT TO 1973 REVISED
HEALTH FILM CATALOG

ADDICTION RESEARCH SERIES

AFTER HOURS — color -- 3½ min.

A helping agency bends the rules to deal with a client's problems. Who is at fault, troubled people who don't or can't use the help given, or a fragmented system of community care fraught with rules and policies?

CHEERS — color -- 4½ min.

Describes some kinds of under-age drinking - in a park, in a laundrymat, in a home. Raises questions about adult information and beliefs.

EVERYONE A WINNER — color -- 3½ min.

Breakfast-time conflict in a family is resolved with anger, departure and retreat. Alone, the wife turns to two comforts - a drink and phone call to mother - which may reveal something about the problem.

PRIME OF LIFE — color -- 2 min.

With his job at stake, a pressured salesman finds his home life competing for survival. An opportunity for role playing with adults and young people. . . how will the man cope with his conflicts?

SCHOOL DAYS — color -- 2¼ min.

A teacher, harried with extra work, finds three students sharing something at a locker. Suspicions aroused, he decides one boy is in the wrong and takes him to the office. Filmed on location in an Etobicoke high school, acted by student members of the drama group.

Suggested Use: To be used only as a set by parents, teachers, professionals, and volunteer agencies.

CONSPIRACY OF SILENCE — color -- 30 min.

This film presents a frank portrayal of the young problem drinker as seen through the eyes of a woman who lived in a situation where drinking destroyed the man she loved and her marriage. It is a story of a young married man with small children, a good job, a comfortable home, and the inability to "slow down" his drinking. The film shows the progression from the cocktail party circuit to self and family devastation. The film is powerful and is well done.

Suggested Use: This film was tailored for young audiences, particularly young marrieds. This film could be used with any group and would be good for general community use.

IF YOU LABEL IT THIS, IT CAN'T BE THAT — color -- 13½ min.

The film presents candid interviews with children & adults revealing the extent to which labels about people particularly racial and ethnic groups sometimes cause misconceptions and stereotypes. Contradictory and often humorous statements illustrate the effects of words, names and labels on our attitudes and values.
Suggested Use: Elementary, Junior and Senior High School, College, Adult (Guidance, English, Language)

INSERTION AND REMOVAL OF AN IUD — RESTRICTED -- 13½ min.

For use by Doctors and Family Planning Clinics

MASCULINITY AND FEMININITY: YOUR ROLE IN SOCIETY — color -- 26 min.

An in-depth study of today's changing attitudes. What is the man's role in the home? What about the woman in business? Conflicting view points on many levels and on various aspects of male-female identification are expressed in this powerful film, which leaves viewers to reach their own conclusions.
Suggested Use: Senior High, College, Adult

VD — color -- 26 min.

Filmed at an information center, a school and venereal disease clinics throughout the country. Symptoms and treatment are explaned as actual patients visit clinics. Lab technicians conduct tests and inform patients of results. Discussions between patients and physicians emphasize a person's responsibility to himself and to others if there is a possibility of infection.
Suggested Use: Health Education classes, Junior, Senior High School, College

FILMSTRIPS

TALKING ABOUT CONTRACEPTION — color -- with record -- 13 min.

Population growth patterns, the fear of genocide and educational program presentation are among the general topics explored in this filmstrip. Specific fears frequestly expressed by patients are presented, and suggestions are offered that might be useful in alleviating some of these concerns.
Suggested Use: It was prepared for use with nurses and social workers as well as paramedical personnel to acquaint them with content topics that often arise in clinic presentations.

2'ND SUPPLEMENT TO 1973 REVISED
HEALTH FILM CATALOG

FOOD: FADS AND FACT — color -- 17 min.

Food fads and facts are carefully defined concerning current issues on the use of organic fertilizers, insecticides, processed foods, super doses of vitamins and minerals and food additives as well as food labels.
Suggested Use: Upper elementary through adult ages, classroom, community groups, health clinics or extension groups, 4H, etc.

HUNGRY ANGELS — color -- 20 min.

Three Guatemalan children are born the same day in the same maternity ward and are followed in this true-to-life fiction story through the first year of life when the effects of malnutrition are the most pronounced. Malnutrition resulting from ignorance, poverty and superstition is the main point explained in the dramatic fight for life of the three children. The film is produced by INCAP, the Institute for Nutrition for Central America and Panama.
Suggested Use: Junior and senior high school, home economics and social studies classes.

SANITARY LANDFILL: YOU THE OPERATOR — color -- 20 min.

This film is a part of the Environmental Protection Agency course "Sanitary Landfill, You the Operator." It is a training film for the operator of a landfill, designed together with the course and class discussion to get the operator to follow the proper way to run a landfill. It begins by showing that the landfill (location and design) needs the services of an engineer to do the initial planning. The interview between a newsman and the manager of a landfill then covers all of the essentials in the actual operation of the landfill. This includes proper dumping of refuse, compaction, covering, prevention of litter, stockpiling of dirt for winter for bad weather operation, storage of machinery, kinds of machinery, and other items which are every-day considerations for the operator of a well run landfill. The fact that landfills can reclaim land and put it to valuable use for parks and playgrounds is well emphasized.
Suggested Use: Persons operating or supervising the operation of a sanitary landfill as well as persons such as city councilmen, or other persons interested in the operation of a sanitary landfill.

THERE IS A WAY — color -- 17 min.

Deals with the problems in rural North Caroline - which is primarily the problem of open burning dumps. The problems related to this burning are focused on and are explained: the film shows the use of a properly operated sanitary landfill. The sanitary landfill is an especially good solution for this area and for many parts of the U.S. with similar population patterns.

A considerable amount of time is spent explaining and demonstrating how a sanitary landfill should be operated. The latter part of the film is actually a training film for persons who operate crawler tractors and do the actual work of compacting and covering the sanitary landfill. However there is enough general information in the film to make it of value for other groups, especially those interested in or part of the decision making process regarding handling of solid waste material.

Suggested Use: To show any government officials, civic groups, students, all who are interested in promoting a quality environment.

FILMSTRIPS

ADOLESCENT EXPERIENCE SERIES

DEVELOPING VALUES — color - with record - 17 min.

Part I opens by considering the values that parents teach their children early in their lives. It points out how sometimes these values are conflicting. Three episodes are shown which deal with role models an individual might encounter in school. The program then dramatizes the influence of groups and peers on values. Finally, it examines the impact of institutions like religion and government on value formation.

Part II comprises three open-ended dramatizations in which people are faced with value choices. They are open-ended to stimulate class discussions.

FORMING BELIEFS — color - with record - 17 min.

The two part program is designed to help students begin making judgements intelligently, knowledgeably, and with same confidence. By exploring the nature of belief, the problems and questions which man deals with through belief, what man has believed in the past and why, and some of the questions and answers from the 20th century, the program attempts to provide the student with the framework needed to put his own thinking into perspective.

INTERPERSONAL RELATIONS — See main catalog

SETTING GOALS — color - with record - 17 min.

The filmstrip helps students identify the many elements involved in realizing adult potential in a way that emphasizes the individual nature of the process. The program consists of four profiles of different individuals and they attempt to reveal how to integrate the inputs of childhood with their own abilities, interests, and hopes for the future. All of the individuals experience conflict in the process of testing abilities, examining alternatives, and finally, attempting to formulate realistic goals.

SHAPING IDENTITY — See main catalog

UNDERSTANDING EMOTIONS — color - with record - 17 min.

Part I introduces the subject of emotions to the students. It discusses the wide range of human feelings and stresses their universality. Because emotions are so central to the human condition, the program stresses the importance of understanding feelings in order to cope with them constructively. The manifestations of emotions are divided into three components: physical, psychological and motivational Part II offers a more detailed treatment of those emotions which specifically trouble adolescents. It explores the origins of anger and discusses the destructive and constructive ways in which people handle this emotion. This is done in an effort to

guide students toward seeking the healthiest method of coping with their feelings. It also stresses that experience plays an important part in handling feelings.

Suggested Use: Each part of this series may be used alone or with other sections in junior and senior high school discussion sessions.

FEEDING YOUR YOUNG CHILDREN — color -- 13 min. with booklet

The filmstrip is divided into three sections: 1) food to give the pre-school youngster; 2) what to expect in feeding a young child; 3) helping the young child learn to feed himself. Objectives of the filmstrip are: 1) to help parents understand what foods to feed their young children; 2) to provide guidelines for parents to follow in helping their children learn to eat well and to feed themselves; 3) to help parents understand children's food needs based on age, body, build, activity, rate of growth, etc.; 4) to help parents understand why some common feeding problems arise; and 5) to show parents how to handle feeding problems if they arise so they do not progress into poor eating habits and lead to more serious problems.

Suggested Use: Parents of children aged 2-6, parent-study groups, PTA, extension groups, welfare clinics, well-child conferences, Child Care Centers, and Head Start Centers.

HOW FOOD BECOMES YOU — color -- 13 min. with booklet

This filmstrip presents the many aspects of how the food we eat "becomes us." The narration gives suggestions for demonstration, experiments and additional activities to reinforce the visuals in the filmstrip. The filmstrip can be used in providing motivation to stimulate the child to explore his food habits. The information helps to convince the child that he is a decision-maker for his own health, mental alertness and well-being by the choices he makes in his food.

Suggested Use: Upper elementary, junior and senior high.

MATERNAL - CHILD NUTRITION — color - with record - 18 min.

Two part series. The first part, "Food During Pregnancy" discusses the importance of a woman eating the right kinds and amounts of food, not only during a pregnancy but throughout her life. The "Basic Four" pattern of eating is discussed in relation to the different nutritional needs of a woman who is not pregnant or is in the first half of pregnancy and a woman who is in the latter half of pregnancy. Discomforts such as heartburn, constipation, and fluid retention are discussed. The mother's nutritional needs after delivery are also presented. "Your Baby's Food" the second part, places emphasis on the importance of a baby's receiving a nutritionally sound diet during the first year of life. Also included is a brief discussion of the importance of the psychological aspects of the baby's feeding. The necessity of prompt medical attention and possible diet adjustments when a baby is sick are stressed.

Suggested Use: Restricted to Perinatal Education classes.

A MOTHER'S HEALTH color - with record - 24 min.

Three part series. The first part, "Before Your Baby's Birth" emphasizes the importance of early and continuous prenatal care during each pregnancy. Mention is made of the signs and symptoms of early pregnancy. An explanation is given of the initial prenatal examination and obstetrical history, and the importance of follow-up visits is stressed. The second part, "During Your Pregnancy", discusses some minor discomforts during pregnancy due to the normal physical changes which occur as the baby develops; varicose veins, indigestions, nausea and vomiting, and constipation are included. Signs which should be reported to the doctor or nurse are reviewed as well as signs which indicate that labor may be approaching. The third part, "After Your Baby's Birth," concerns the post partum period. Included is information about physical changes the mother may expect, i.e., size of the womb, post partum vaginal discharge, and "after pains". Also covered is the establishment of the milk supply in a woman who plans to breast feed her baby. Value of the post partum examination is stressed, and family planning and health supervision of the infant is discussed.
Suggested Use: Restricted to Perinatal Education classes.

NUTRITION: YOU ARE WHAT YOU EAT color - with record - 12 min.

Good nutrition in relation to dental disease is stressed, especially in how our consumption of sugar contributes to dental caries, obesity, the empty calorie syndrome, and possible increased risk of heart disease. What makes a balanced diet for maintaining good health, how to prepare food to save the nutritional value and aspects of overweight are also emphasized in cartoon style.
Suggested Use: Upper elementary, high school, adult classes, health clinics, health classes.

PLANNING DIABETIC DIETS color - with record - 20 min.

Diabetis Mellitis, a disorder of carbohydrate metabolism, is a chronic disease affecting many people. An important component of the treatment of individuals with Diabetis Mellitis is diet therapy which is sometimes accompanied by the use of hormone insulin. However, diet therapy is always a vital part of treatment of diabetis.

This film explains the use of exchange lists which is the most commonly used method of diabetic diet. Food planning, food preparation, food amounts, diet flexibility are all important factors discussed.
Suggested Use: health clinics, group instruction on diabetis, etc.

SLIDES

NATURAL FOODS: GOOD, BAD color - with cassette - 18 mi
(29 slides)

Presentation discusses health - natural and organic foods: What are they, what are their claims; are the claims valid; how can the consumer beware or be aware?
Suggested Use: Consumer groups, adult groups, junior and senior high.

3'RD SUPPLEMENT TO 1973 REVISED
HEALTH FILM CATALOG

16mm FILMS

BRIDGING THE GAP — color -- 30 min.

The film is a presentation by Dr. Thomas Gordon showing what he believes are more effective methods and skills in parent to child interactions. These involve active listening, "I" messages, confrontation, and problem solving using a no-win, no-lose approach.
Suggested Use: For use by a trained person with groups interested in Dr. Thomas Gordon's "Parent Effectiveness Training."

TO A BABY SITTER — color -- 14 min.

The film depicts the importance of a baby sitter being prepared for her job: liking children, following rules of employer, gathering information on children and habits before hand, fees agreed upon, being oriented to the house and necessary appliances, information on parents whereabouts. It shows the sitter in activities with the children. Suggestions about friends, use of telephone and TV and other problem situations which might arise are covered.
Suggested Use: Good film for training baby sitters. Also good for parents who employ baby sitters.

FILMSTRIPS

HUMAN GROWTH-NUTRITION SERIES

THERE'S A NEW YOU COMING: FOR BOYS — color - with record - 17 min.

This filmstrip for intermediate boys, offers a look at what constitutes both physical and emotional maturity. Health and hygiene are stressed, including a basic study of male anatomy. Adolescent feelings are also considered, to give a broad picture of what growing up is all about.
Suggested Use: Grades 4-6 and older.

THERE'S A NEW YOU COMING: FOR GIRLS — color - with record - 17 min.

This filmstrip is in the area of human growth and development, with emphasis on early teenage years. Health and hygiene are included. Filmstrip includes physical aspects of development, and also focuses on emotional maturation. Warm, sensitively handled, very well done.
Suggested Use: Grades 4-6 and older

FOODS: WHERE DO THEY COME FROM — color - with record - 17 min.

Good primary level filmstrip, discusses milk from cows, bread from grains, sugar from cane, etc. Major types of foods are explained and their sources identified, thus broadening the student's concept of natural foods.
Suggested Use: Preschool through lower elementary grades.

TOO MUCH OF A GOOD THING — color - with record - 17 min.

Discusses obesity and stresses the importance of good nutrition in teen years to prevent obesity and to meet nutrient needs. Explains some of the other problems caused by improrper nutrition, i.e., skin problems, lack of energy. Also, filmstrip discusses the role food plays in life and alternative ways of eating a nutritionally adequate diet.
Suggested Use: Junior and senior high school, adult classes.

MORE THAN LOVE — color - with record - 18 min.

More than love points out that most babies are born healthy, but that one out of 13 is born with a significant physical or mental defect. The serious aspects of some birth defects are explained and an effort is made to define how and why they occur. Improving the probability of a normal birth by applying current knowledge is strongly and factually emphasized. The filmstrip presents prenatal development, stressing the growth of life during the first forty days. It outlines the genetic and environmental influences affecting the body before and during pregnancy.
Suggested Use: Pre-parenthood education classes; high school classes.

TOMORROW HAPPENS TODAY — color - with record - 19 min.

Filmstrip describes how the decisions and actions that young people make now can affect the lives of their children even before they are conceived. The film discusses common sense ways to reduce the risk of having defective children. These include: V.D., balanced diet, medications, smoking, rubella, family planning, pollution and genetic counseling.
Suggested Use: High school classes.

VALUES FOR TEENAGERS IN THE 70'S — color - with record - 19 min.

The objectives of this program are: to stimulate young people to think about their own values; to provoke group discussion about areas of moral and social concern that are common to most teenagers; to help teenagers recognize that the systems of values they are now developing will influence and guide the rest of their lives; to lead young people to the realization that they must live with their own value systems and be responsible for their own actions. The major theme running through the discussion with the teenagers in this program is their feeling that the social and moral problems confronting them seem greater than those faced by their parents as teenagers.
Suggested Use: Junior and senior high school.

SLIDES

CHANGING ATTITUDES TOWARD WEIGHT CONTROL — color -- 58 slides

Presentation discusses social and cultural attitudes toward being of a desirable weight. Height-weight tables and skin-fold measurements for the percentage of body fat are described as tools for assessing the over-weight

problem. The role of heredity, pattern of weight gain, exercise, changing food patterns and food preparation give a more whole picture on the current thinking and attitudes of weight control.
Suggested Use: High school students, adult groups, community groups, and health clinics.

HOW CHILDREN LEARN ABOUT FOOD color -- 21 slides

Presentation does not show how a child "ought" to eat since it is well recognized that there is more than one way to be well fed. Focus is upon establishing an experimental and positive attitude towards food early in life as the best nutrition "insurance" a child can have. A person who accepts, eats and enjoys a wide variety of food has an excellent chance for life long good nutrition. The slide set alerts people who work with children to the many situations that influence a child's response to food.
Suggested Use: Parents and teachers of young children, PTA, extension groups, welfare clinics, well-child clinics, day care centers, Head Start Centers, etc.

MENU PLANNING FOR CHILD CARE PROGRAMS color -- 72 slides

Presentation illustrates the framework by which nutritious, appetizing food becomes a reality - through the menu. The total food pattern of a child at a Child Care Program is considered including snack food ideas, meal patterns, nutrient adequacy, buying, planning, evaluating the menu, variety of color, flavor, texture, shape, finger foods, food surprises are focused upon as target factors in planning a successful menu for child care programs or even menu planning in the home.
Suggested Use: Day care centers, nurseries, Head Start Programs, parent and teacher groups working with the pre-school child.

NUTRITION IN ACTION FOR THE CHILD color -- 34 slides

Presentation depicts action, involvement, and discovery experiences for the student to learn about nutrition: simple tests for starch, fat, simple sugar, and other nutrients, food and energy. Activities shown also illustrate energy needs, snack selection and accurate sources of nutrition information.
Suggested Use: Nutrition activities for elementary or junior high classes, science classes, extension groups, community groups.